

## Refresher Course Information for RN, LPN, APRN & LMHT

*Information is categorized according to discipline*

### Registered Nurse:

**\*\*\*\*Kansas Regulations (K.A.R 60-3-114) require that each refresher course MUST have at least 120 clock-hours of didactic instruction and at least 180 clock-hours of clinical learning. For the RN at least 110 of the required clock-hours of clinical learning must be in an acute care setting. It is up to the student in the refresher course to ensure these requirements for Kansas State Board of Nursing are met \*\*\*\***

### **Kansas State Board of Nursing RN Refresher Course Providers:**

#### **Johnson County Community College**

Nursing Education Program  
12345 College Blvd.  
Overland Park, KS 66210  
Karen LaMartina PhD, RN  
Phone: (913) 469-8500 Ext. 2438  
Contact: Janalee Isaacson, RN, PhD

#### **Newman University**

Nursing Division  
3100 McCormick Ave  
Wichita KS 67212  
Phone: (316) 942-4291  
Contact: Teresa Vetter, MSN, APRN, CNS

#### **South Dakota State University**

College of Nursing  
Continuing Nursing Education  
Box 2275, Wagner Hall 207  
Brookings, SD 57007 - 0098  
Phone: 605-688-5745 fax: 605-688-6679  
Contact: Linda Lemme  
[linda.lemme@sdstate.edu](mailto:linda.lemme@sdstate.edu)  
Website: [www.sdstate.edu/nursing/refresher-course-rn](http://www.sdstate.edu/nursing/refresher-course-rn)

Refresher course schedules and fees are determined by the course provider.

If a Kansas approved refresher course is not available, a course can be designed for a nurse as an individualized course. Individualized courses must be approved by the Nursing Education Compliance Officer. The student must submit a copy of the refresher course certification of completion to complete the process of obtaining a current license.

Continuing education hours will only be accepted for refresher courses when the refresher course is completed as a requirement to reinstate a nurse's license.

Each refresher course student shall be supervised by the course faculty member or preceptor.

All Clinical learning experiences shall be under the direct supervision of a registered professional nurse. Direct supervision shall mean that a registered professional nurse observes, directs, and evaluates the refresher course student's performance.

The faculty member or preceptor shall be on site when the refresher course student is assigned responsibilities that include nursing skills and abilities in which the student has acquired proficiency and the care required is simple and routine.

The faculty member or preceptor shall be on the premises when the refresher course student is assigned responsibilities that include nursing skills and abilities in which the student is gaining proficiency and the clients assigned to the student have severe or urgent conditions or are unstable, or both.

Each student in a registered professional nurse refresher course shall demonstrate clinical skills appropriate for the scope of practice for the registered professional nurse.

Upon successful completion of the didactic (theory) portion of the refresher course, the unlicensed student shall submit a reinstatement application in Kansas before beginning clinical learning.

Admission policies will be developed and used by the provider. However, the provider will verify with the Board that the student was licensed.

The instructor for the refresher course will show evidence of recent professional education and competency in teaching.

Time arrangements may be determined by the provider.

Upon completion of the course, the provider will make a systematic evaluation of the participants. Certificate of completion will be issued only to those students satisfactorily passing such an evaluation.

The certification of completion shall be issued stating the number of theory and clinical hours and clearly stating that such hours were earned as refresher course hours.

### **Individualized Refresher Course Provider:**

Individualized refresher courses are to include the assignments, clinical supervisors and evaluation methods including a clinical evaluation tool.

### **Content**

The didactic instruction and clinical learning content areas of the registered professional nurse refresher course shall be the following:

- (1) Safe, effective care environment, including management of care and safety and infection control;
- (2) health promotion and maintenance;
- (3) psychosocial integrity;

- (4) physiological integrity, including basic care and comfort, pharmacological and parenteral therapies, reduction of risk potential, and physiological adaptation; and
- (5) integrated content, including the nursing process, caring, communication, documentation, teaching and learning

### **Licensed Practical Nurse:**

**\*\*\*\*Kansas Regulations (K.A.R 60-3-114) require that each refresher course MUST have at least 120 clock-hours of didactic instruction and at least 180 clock-hours of clinical learning. For the LPN all 180 clock-hours of the required clinical learning can be in an acute care or skilled nursing setting. It is up to the student in the refresher course to ensure these requirements for Kansas State Board of Nursing are met \*\*\*\***

There are currently no approved refresher courses for LPNs who have not been licensed or actively engaged in nursing practice for more than five years. An individualized refresher course may be designed for a LPN. Each individualized course shall be approved by the Nursing Education Compliance Officer. K.A.R. 60-3-114 contains the requirements for the practical nurse refresher course (available on KSBN website in Nurse Practice Act link). If you have further questions about designing a LPN refresher course, please contact the Education Division at 785-296-3782

### **Individualized Refresher Course Provider:**

The didactic instruction for clinical learning content areas of the licensed practical nurse refresher course shall be the following:

#### **Content**

- (1) Safe and effective care environment, including coordinated care and safety and infection control;
- (2) health promotion and maintenance;
- (3) psychosocial integrity;
- (4) physiological integrity, including basic care and comfort, pharmacological and parenteral therapies, reduction of risk potential, and physiological adaptation; and
- (5) integrated content, including the nursing process, caring, communication, documentation, teaching and learning.

Continuing education hours will only be accepted for refresher courses when the refresher course is completed as a requirement to reinstate a nurse's license.

Each refresher course student shall be supervised by the course faculty member or preceptor.

All Clinical learning experiences shall be under the direct supervision of a registered professional nurse. Direct supervision shall mean that a registered professional nurse observes, directs, and evaluates the refresher course student's performance.

The faculty member or preceptor shall be on site when the refresher course student is assigned responsibilities that include nursing skills and abilities in which the student has acquired proficiency and the care required is simple and routine.

The faculty member or preceptor shall be on the premises when the refresher course student is assigned responsibilities that include nursing skills and abilities in which the student is gaining proficiency and the clients assigned to the student have severe or urgent conditions or are unstable, or both.

Each student in a licensed practical nurse refresher course shall demonstrate clinical skills appropriate for the scope of practice for the licensed practical nurse.

Admission policies will be developed and used by the provider. However, the provider will verify with the Board that the student was licensed.

The instructor for the refresher course will show evidence of recent professional education and competency in teaching.

Time arrangements may be determined by the provider:

Upon completion of the course, the provider will make a systematic evaluation of the participants. Certificate of completion will be issued only to those students satisfactorily passing such an evaluation.

The certification of completion shall be issued stating the number of theory and clinical hours and clearly stating that such hours were earned as refresher course hours.

### **Advanced Practice Registered Nurse:**

There are currently no approved refresher courses for APRNS who have not been actively engaged in advanced nursing practice for more than five years. An individualized refresher course may be designed for an APRN. Each individualized course shall be approved by the Nursing Education Compliance Officer. K.A.R. 60-17-111 contains the requirements for advanced practice registered nurse refresher courses (available on KSBN website in Nurse Practice Act link). If you have further questions about designing an APRN refresher course, please contact the Education Division at 785-296-3782.

### **Licensed Mental Health Technician:**

**\*\*\*\*Kansas Regulations (K.A.R 60-3-114) require that each refresher course MUST have at least 120 clock-hours of didactic instruction and at least 180 clock-hours of clinical learning. It is up to the student in the refresher course to ensure these requirements for Kansas State Board of Nursing are met \*\*\*\***

## **Kansas State Board of Nursing LMHT Refresher Course Provider**

### **Osawatomie State Hospital**

500 State Hospital Drive

Osawatomie, KS 66064

Bonnie Patton, MSN, RN

(913) 755-7090

[Bonnie.Patton@osh.ks.gov](mailto:Bonnie.Patton@osh.ks.gov)

Refresher course schedules and fees are determined by the course provider.

If a Kansas approved refresher course is not available, a course can be designed for a LMHT as an individualized course. Individualized courses must be approved by the Nursing Education Compliance Officer. The student must submit a copy of the refresher course certification of completion to complete the process of obtaining a current license.

Continuing education hours will only be accepted for refresher courses when the refresher course is completed as a requirement to reinstate a nurse's license.

Each refresher course student shall be supervised by the course faculty member or preceptor.

All Clinical learning experiences shall be under the direct supervision of a registered professional nurse with at least two years of experience in psychiatric or developmental disability nursing or LMHT with at least five years of experience post licensure. Direct supervision shall mean that a registered professional nurse/ LMHT observes, directs, and evaluates the refresher course student's performance.

The faculty member or preceptor shall be on site when the refresher course student is assigned responsibilities that include nursing skills and abilities in which the student has acquired proficiency and the care required is simple and routine.

The faculty member or preceptor shall be on the premises when the refresher course student is assigned responsibilities that include nursing skills and abilities in which the student is gaining proficiency and the clients assigned to the student have severe or urgent conditions or are unstable, or both.

Upon successful completion of the didactic (theory) portion of the refresher course, the unlicensed student shall submit a reinstatement application in Kansas before beginning clinical learning.

Admission policies will be developed and used by the provider. However, the provider will verify with the Board that the student was licensed.

The instructor for the refresher course will show evidence of recent professional education and competency in teaching.

Each student in a LMHT refresher course shall demonstrate clinical skills appropriate for the scope of practice for the LMHT.

Time arrangements may be determined by the provider:

Upon completion of the course, the provider will make a systematic evaluation of the participants. Certificate of completion will be issued only to those students satisfactorily passing such an evaluation.

The certification of completion shall be issued stating the number of theory and clinical hours and clearly stating that such hours were earned as refresher course hours.

**Individualized Refresher Course Provider:**

Individualized refresher courses are to include the assignments, clinical supervisors and evaluation methods including a clinical evaluation tool.

The didactic instruction for clinical learning content areas of the licensed mental health technician refresher course shall be the following:

**Content**

- (1) human growth and development
- (2) behavioral science
- (3) basic nursing concepts
- (4) psychiatric therapeutic treatment