

# NURSING

## Newsletter

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Quarterly circulation approximately 63,000 to all APRNs, RNs, LPNs and Licensed Mental Health Technicians in Kansas.

### Thoughts from the Executive Administrator...

Hello everyone,  
The Kansas State Board of Nursing has completed the first two years in the Nurse Licensure Compact (NLC) as it was implemented on July 1, 2019. We have issued over 10,800 multistate licenses in this two-year period. Multistate licenses have proven to be beneficial during the pandemic to increase the mobility of nurses. It has been a learning process for everyone involved.



Carol Moreland

Here are a few points to remember:

- As a member state, we can issue multistate licenses to RNs and LPNs who qualify for the multistate license. The NLC does not impact APRN licensure – we cannot issue multistate licenses to APRNs.
- There are 11 uniform licensure requirements that must be met by ANY nurse applying for a multistate license. It does not matter if you have a single state nursing license in Kansas.
- Nurses seeking licensure in Kansas have the option to apply for a single state license or a multistate license. A single state license allows the nurse to practice

nursing ONLY in Kansas. A multistate license allows the nurse to practice nursing in any member state of the NLC. A map of the member states is included in this newsletter.

- RNs and LPNs who have a multistate license in another member state are not eligible for a single state license in Kansas and the Kansas State Board of Nursing cannot issue you a single state license if you have an active multistate license in another member state.
- Every nurse applying for a multistate license MUST submit fingerprints for a criminal background report. It does not matter if you have a single state nursing license from Kansas, you still have to submit fingerprints.

Our Fiscal Year 2020 Annual Report is on our website. The format for the annual report has changed and we hope the information in the Annual Report is helpful. Please let us know what you think would make the newsletter more beneficial to licensees. If you have ideas, email them to me at [carol.moreland@ks.gov](mailto:carol.moreland@ks.gov).

Thank you for all your continued support during this challenging time and for everything you do to protect and care for the public.

Carol Moreland, MSN, RN

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#### NLC States

updated 6/7/21



■ NLC States ■ Partial Implementation ■ Currently No Action ■ Enacted NLC, Awaiting Implementation



35 states have enacted the NLC  
33 states have implemented the NLC  
2 states have partially implemented the NLC  
1 state has enacted the NLC, awaiting implementation

\*New Jersey and Guam are allowing nurses who hold active, unencumbered, multi-state licenses issued by Nurse Licensure Compact member states to practice in New Jersey and Guam under their multi-state licenses.

\*Nurses residing in New Jersey will not be able to apply for a multistate license until the 2<sup>nd</sup> half of 2021. The date is TBD.

\*Nurses residing in Guam will not be able to apply for a multistate license until 2022.

## Board Member Opening

The mission of the Board of Nursing is to assure the citizens of Kansas safe and competent practice by nurses and mental health technicians. The Board is composed of eleven members appointed by the Governor and have quarterly board meetings in Topeka. There are quarterly committee meetings that occur during the same week as the Board meeting. Six members shall be registered nurses, two shall be licensed practical nurses and three shall be members of the general public. Each appointment as a Board member is a four-year term.

Each member shall be a citizen of the United States and a resident of the state of Kansas. Currently we have one opening on the Board for an APRN Board member who is engaged in practice as an advanced practice registered nurse or a registered nurse anesthetist. If you are interested in serving as a Board member, you will find more information and the application at:

<https://governor.kansas.gov/serving-kansans/office-of-appointments/>

## Do You Have A Question?

Is there a question you would like answered in an upcoming newsletter? If so, please email the question to: [carol.moreland@ks.gov](mailto:carol.moreland@ks.gov) and state the question is to be answered in an upcoming newsletter. Based on the date we receive it, will determine which newsletter the answer appears in.

## 2021 KSBN Committee Openings

Are you interested in serving as a KSBN Committee member? There are several committees that meet quarterly during Board week. Appointments for the KSBN committees are made after the September board meeting. Each member of the committee serves a two-year term. The committees with vacancies and a description of the committee follow:

### Continuing Nursing Education/IV Therapy Committee - 3 positions

**Qualifications:** CNE Provider

**Purpose of the committee:** to review continuing nursing and mental health technician education; to review and recommend revisions to CNE statutes and regulations; to monitor and approve CNE providers for both initial and renewal status and to review statistical information regarding providers of CNE. To review and recommend revisions in educational statutes and regulations for IV therapy programs. To review educational policies for IV therapy programs; to review all reports and evaluations of IV therapy programs.

### Advanced Practice Registered Nurse Committee - 5 positions

**Qualifications:** Licensed as an APRN in the category of:

- Position 1: NP
- Position 2: CNS
- Position 3: CNM
- Position 4: CRNA
- Position 5: APRN to serve on the K-Tracs Advisory Committee

**Purpose of the committee:** to review and recommend revisions in statutes and regulations for approval of APRN and RNA programs in collaboration with the Education Committee.

### Education Committee -2 positions

**Qualifications:**

- Position 1: Represent Advanced Practice Program
- Position 2: Represent ADN Program

**Purpose of the committee:** to review and recommend revisions in educational statutes and regulations for nursing, APRN, RNA and LMHT programs; to review educational policies for nursing and LMHT programs and to review all reports, evaluations, and site visits of schools of nursing, APRN, RNA and LMHT programs.

### Practice Committee - 5 positions

**Qualifications:** RN or LPN engaged in practice and/or IV Therapy

**Purpose of the committee:** to review and recommend revisions in APRN and RNA statutes and regulations. To provide nonbinding guidance on the scope of nursing and LMHT practice in response to written inquiries. To make recommendations to amend the practice act that reflect current nursing and mental health technician practice.

The Committee applications have been posted on the KSBN website. If interested, you can submit a completed application.

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If you do not have access to a computer please include the following information in your written request:

First and Last Name (please print complete names)

Kansas Nursing License Number(s)

Social Security Number

Old Address and New Address  
(complete Street Address with Apt #, City, State, and Zip)

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Home phone number and Work Phone number

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Date the New Address is in Effect

---

Sign and date your request

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We are unable to accept your request to change your address from information delivered over the phone or via an email. All requests must be received in writing and include a signature.

## COMMITTEE INFORMATION

We will no longer be publishing an overview of the KSBN Committee minutes, however they can be found on our website via this link:

<https://ksbn.kansas.gov/2020-agenda-and-minutes/>

## NURSE STATISTICS

License Type	Total
Clinical Nurse Specialist	464
Licensed Mental Health Technician	70
Licensed Practical Nurse - Multi-State	1,090
Licensed Practical Nurse - Single-State	10,036
Nurse Midwife	100
Nurse Practitioner	5,956
Registered Nurse - Multi-State	9,711
Registered Nurse - Single-State	50,912
Registered Nurse Anesthetist	1,278

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## Barton County Kansas NOW HIRING

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<https://www.bartoncounty.org/vnews/display.v/SEC/JOBS>  
for details and downloadable application.

## BOARD MEETING SCHEDULE

### Board Meetings

- September 13, 14 & 15
- December 13, 14 & 15

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Apply online at [careers.fivestarseniorliving.com](http://careers.fivestarseniorliving.com)  
or email [SRegan@5ssl.com](mailto:SRegan@5ssl.com) for more information  
\*Sign On Bonus offered through September 30th

## NOW HIRING! TOPEKA ER & HOSPITAL

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[stormontvail.org](http://stormontvail.org)

# K-TRACS resources emphasize safe medication practices

## SAFETY WITH OPIOIDS

### IS IT AN OPIOID?

Even when prescribed by your doctor, opioids (prescription pain relievers) can pose a risk to your health, including addiction and overdose.

Over-the-counter pain relievers are NOT opioids. These include aspirin, ibuprofen, naproxen and acetaminophen. These medications are generally safe for most patients.

### PRESCRIPTION OPIOID PAIN RELIEVERS

- Percocet (oxycodone/acetaminophen)
- Vicodin and Lortab (hydrocodone/acetaminophen)
- OxyContin (Oxycodone)
- Morphine
- Tramadol
- Methadone
- Codeine
- Demerol (meperidine)

### DANGEROUS DRUG COMBINATIONS

Combining prescription opioids with benzodiazepines increases your risk for unintentional overdose.

Benzodiazepines are most commonly used to treat anxiety, insomnia and muscle spasms. Both drug types work as depressants — impairing your cognitive function, causing sedation and suppressing your ability to breathe. These effects can cause overdose and death.

**TIP:** Always disclose all medications you are taking with each of your healthcare providers to ensure your safety.

### BENZODIAZEPINES

- Xanax (alprazolam)
- Ativan (lorazepam)
- Klonopin (clonazepam)
- Valium (diazepam)
- Librium (chlordiazepoxide)
- Clorazepate

### CONSIDER NALOXONE

Naloxone is an opioid overdose reversal medication. You should consider asking your healthcare provider or pharmacist about carrying it with you and training a loved one how to use it if you are on long-term opioid therapy.

Naloxone can reverse the effects of an opioid overdose and increase the chances of survival.



These medication safety tips brought to you by your healthcare team and K-TRACS



Learn more at: [ktracs.ks.gov/consumers](http://ktracs.ks.gov/consumers)

## REGISTERED NURSE (Nursing Facility Surveyor)

*State of Kansas – Statewide*

Your role in this position will be to conduct onsite surveys of health care facilities as assigned, to check compliance with appropriate state licensure requirements and/ or federal certification requirements in the Title XVIII (Medicare) and XIX (Medicaid) programs.

This is a full-time position with salary ranging \$51,000 – \$53,000 annually. Any Registered Nurse with a valid State of Kansas license may apply.

For a full list of benefits and qualifications, visit [State of Kansas Careers](http://State of Kansas Careers).

**APPLY TODAY!**  
 Job ID: 192525



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[kansashealthsystem.com/nursing](http://kansashealthsystem.com/nursing)





Proper medication storage and disposal can reduce the risk for unintentional drug poisoning and prescription drug misuse, abuse and diversion.

The K-TRACS Provider Toolkit, available on the K-TRACS website, contains resources to help guide patient conversations and reinforce in-person interactions about safe medication practices.

Safe medication storage and disposal is critical to the safety of Kansas families. According to the [2020 Kansas Communities That Care Survey](#), 74% of teens who reported using a prescription drug not prescribed to them said they gained access to the drug through friends and family.

Up to 40% of prescription medications are not completely used and are likely to remain inside the home with or without secure storage options in place ([National Community Pharmacists Association](#)). Those secure storage options include a locked kitchen cabinet, lockbox or safe.

Nightstands, kitchen counters or tables, bathrooms, the top of the refrigerator, and any unlocked cabinet or drawer are not recommended for medication storage due to a lack of security and/or lack of temperature and humidity control.

Medication take-back programs are commonly used to provide safe medication disposal options. In Kansas, more than 100 pharmacies are part of the Kansas Medication Collection and Disposal Program, offering a convenient, safe and environmentally responsible option for patients to dispose of unwanted medications. Other pharmacies and law enforcement agencies are registered with the DEA to take back medications in a similar manner.

- [Find a Kansas Medication Collection and Disposal site near you](#)
- [Find a DEA Drug Take-Back site near you](#)

A [2019 study](#) identified consumer motivations for disposing of unused opioid medications. Among the top five motivations was the response, "I was instructed by a health care practitioner whom I trust."

To help healthcare providers engage with patients about the importance of safe medication practices, K-TRACS offers a Provider Toolkit containing print and digital materials in English and Spanish that can be shared with patients.

The toolkit also provides downloadable pocket guides for healthcare providers to use as checklists and conversation starters with patients.

The free downloads are available at <http://ktracs.ks.gov/using-k-tracs/provider-toolkit>.

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# How to Contact Us: | 785-296-4929



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### Support When You Need It.

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855-200-2372  
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## Advanced Practice Reminders

- According to K.S.A. 65-1130 an APRN may prescribe drugs pursuant to a written protocol as authorized by a responsible physician. Each written protocol shall contain a precise and detailed medical plan of care for each classification of disease or injury in which the APRN is authorized to prescribe and shall specify all drugs which may be prescribed by the APRN.
- According to K.S.A. 65-1130 in order to prescribe controlled substances, the APRN shall (1) register with the federal drug enforcement administration; and (2) notify the board of the name and address of the responsible physician or physicians.
- Each APRN that is authorized to prescribe controlled substances via the written agreement with the responsible physician or physicians must submit a Controlled Substance Verification Form to the Board of Nursing. An updated one needs to be submitted if there are changes from the prior one submitted.
- The Controlled Substance Verification Form is submitted electronically after completion. Here is a link to the form on our website: [https://ksbn.kansas.gov/controlled\\_substance\\_verification/](https://ksbn.kansas.gov/controlled_substance_verification/)
- You **cannot** prescribe controlled substances in Kansas until you have obtained a DEA number and submitted a Controlled Substance Verification Form to the Board of Nursing
- **National certification is only required for CRNAs in Kansas**, not for the other APRN roles. If you are a NP, CNS, or Midwife, do not send verification of certification to us as it is not required for licensure or renewal of your license.
- Remember that your national certification and Kansas license renewal dates are not the same. **These dates will not coincide!** Only renewing your APRN license in our system will change the expiration date.
- RN licensure is only required with APRN licensure if you do not hold a current compact license and you are moving to Kansas. If you are not moving to Kansas and have a compact license in the state which you live in, you only need to apply for the advanced practice license.
- If you are applying for a first-time advanced practice license in Kansas, a new background check is required! It does not matter that you previously submitted fingerprints for your RN license. Fingerprints may not change; however background checks can change any time. A new background check is needed.
- Advanced practice licenses are not tied to the RN license in our licensure system, so if the only license you need to renew is the advanced practice, just choose that license! You can renew anytime 90 days prior to your licensure expiration date.



## Board Members

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I.H.S. is required by law to give absolute preference to qualified Indian applicants. Equal Opportunity Employer.

Stay up to date on matters related to COVID-19, such as Executive Orders, KSBN Monthly Updates and FAQs on KSBN's COVID-19 Information Center: <https://ksbn.kansas.gov/covid-19/>

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PRATT REGIONAL MEDICAL CENTER

# Nurse Licensure Compact (NLC) Updates & Reminders

- Kansas implemented the NLC on July 1, 2019. We are one of 34 states and Guam who are members of the NLC.
- Here is a link to a map that shows the member states: <https://www.ncsbn.org/nurse-licensure-compact.htm>
- As a member state, we can issue multistate licenses to RNs and LPNs who qualify for the multistate license. The NLC does not impact APRN licensure – we cannot issue multistate licenses to APRNs.
- There are 11 uniform licensure requirements that must be met by ANY nurse applying for a multistate license. It does not matter if you have a single state nursing license in Kansas, if you are applying for a multistate license you will still have to meet all the 11 uniform licensure requirements.
- The eleven uniform licensure requirements are:
  - o Meets the requirements for licensure in the home state (state of residency)
  - o Has graduated from a board-approved education program; or has graduated from an international education program verified by an independent credentials review agency

- o Has passed an English proficiency exam (applies to graduates of an international education program not taught in English or if English is not the individual's native language)
- o Has passed the NCLEX – RN® or NCLEX-PN® exam (or state board test pool exam)
- o Is eligible for or holds an active, unencumbered license (i.e., without active discipline)
- o Has submitted to state/federal fingerprint-based criminal background check – **all applicants applying for a multistate license must submit fingerprints and waivers)**
- o Has no state or federal felony convictions
- o Has no misdemeanor convictions related to the practice of nursing (determined on a case-by-case basis)
- o Is not currently a participant in an alternative program
- o Is required to self-disclose current participation in an alternative program; and
- o Has a valid United States Social Security number
- Nurses seeking licensure in Kansas have the option to apply for a single state license or multistate license. A single state license allows the nurse to practice nursing only in Kansas. A multistate license allows the nurse to practice nursing in any of the member states of the NLC.
- The application and directions to submitting an application to convert from a single state license to a multistate license are available in this link: <https://ksbn.kansas.gov/conversion-application/>



Greetings from the Land of CNE!

I am often asked “Can I get CNE for college courses?”. The answer is YES! CNE contact hours may be approved with the submission of an Individual Offering Approval Form if: 1) the course was completed within your two-year renewal period and 2) the course meets the definition of CNE according to K.S.A 65-1117.

College courses acceptable for CNE with an IOA may include any of the following: any college courses in science, psychology, sociology, or statistics that are prerequisites for a nursing degree. Contact hours shall not be recognized by the board for any of the following: an incomplete or failed college course or any college course in literature and composition, public speaking, basic math, algebra, humanities, or other general education requirements unless the course meets the definition of CNE.

One college hour is equal to 15 CNE contact hours. You must upload your official transcript as a part of the IOA submission process, along with a detailed rationale statement and the course objectives.

If a student has successfully completed a college course within their renewal period and the course meets the definition of CNE, they must submit the course for official approval by IOA to the Board PRIOR to renewal of their nursing license.

Definition of CNE:

K.S.A 65-1117 (a) Continuing nursing education means learning experiences intended to build upon the educational and experiential bases of the registered professional and licensed practical nurse for the enhancement of practice, education, administration, research or theory development to the end of improving the health of the public.

Until next time,  
Chelsey Stephenson  
Public Service Executive, C.N.E.



## Centura Health is hiring Registered Nurses!

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# EDUCATION CORNER

## Education Moment: Can I “Challenge” the NCLEX-PN Exam?

In recent months, the Education department has received many inquiries regarding “challenging” the NCLEX-PN exam by RN students who are partway through their RN program, and by EMTs, paramedics and medics who have served in the military. Most begin with “I’ve heard that it might be possible for me to take the NCLEX-PN exam and get licensed so I can work as a nurse...”

While there are currently a few states that do allow this practice – with rules and regulations around how it can happen

– Kansas is not one of the states that allows this practice. Like most nursing regulatory boards (NRBs), the KS Board of Nursing has a Nurse Practice Act (KNPA) that outlines what the Board has the authority to do and has rules and regulations in place that tell how that authority will be carried out. The KNPA has the rules and regulations that govern approval of the nursing programs as well as the licensing of individuals who graduate from those programs.

K.S.A. 65-1116, Licensure of practical nurses, states in (a) (1) that the qualification for a license to practice as a licensed practical nurse (LPN) is that they *must graduate from an approved school of practical nursing or professional nursing* in the U.S. or its territories, or from a school in a foreign country which is approved by the board as defined in rules and regulations. So,

if a person has not graduated from an approved program, then they are not eligible to take the NCLEX-PN and be licensed in Kansas. This would also be true for an LPN who has challenged the NCLEX-PN in another state and comes to Kansas and wants to get an LPN license to work in Kansas by endorsement. A part of the application and licensing process, the applicant would have to submit transcripts for approval. If there is no degree / certification for completing a PN program then they would not be eligible to endorse into Kansas and work as an LPN.

Nursing programs in Kansas are approved by KSBN prior to admitting students. They are approved with a specific curriculum that is set up to accomplish nursing education in specific ways. Some programs are set up to provide PN education in the first level (year) of the program and then move on to RN education in the second level. This allows the student to complete PN coursework and take the NCLEX-PN prior to completing the second level of the program if they choose to do so (bilevel program). Other programs are set up to specifically prepare PN graduates. These graduates can take the NCLEX-PN and if they pass and get licensed, then they can apply to an RN program but are able to work as an LPN while they work on getting the RN degree. ADN and BSN specific programs are not usually intended to prepare a student to practice within the LPN scope of practice as part of the curriculum. Without the specific focus and attention to PN scope of practice and learning outcomes, there would be no assurance that someone could practice as a safe and competent licensed practical nurse without the specific educational and clinical objectives that would prepare them for that practice.

The mission of the Kansas Board of Nursing is to assure the citizens of Kansas safe and competent practice by nurses and mental health technicians.

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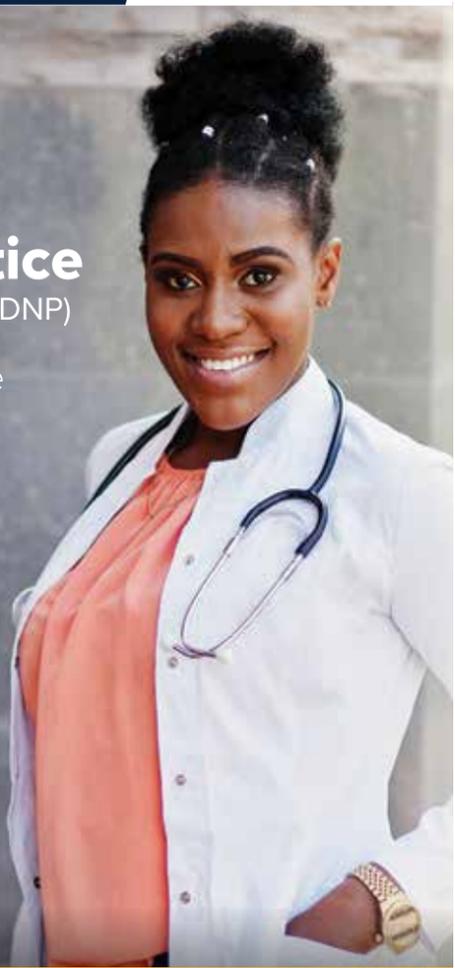
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## Travel/Agency Nurse

A nurse holding a MSL from another state who accepts a travel assignment in Kansas is unknown to the KSBN. The travel/agency nurse must comply with the Nurse Practice Act (NPA) for the state in which the nurse is licensed and the patient is located (K.S.A. 5-1120(a) & K.S.A. 65-1166, Article III(d) & (e)).

If a KS employer believes a violation of the Kansas Nurse Practice Act (KNPA) has occurred, the employer should report the violation to the Kansas Board of Nursing. See K.A.R. 28-52-4; K.S.A. 65-4921; K.S.A. 65-4923 for information as to who is to report and what is to be reported. A licensee also has a duty to report unprofessional conduct to the KSBN (K.S.A. 65-1127(a)). The KSBN complaint form can be found at: <https://ksbn.kansas.gov/wp-content/uploads/2019/10/ComplaintForm.pdf>. Please see K.S.A. 65-1135 as to the confidentiality of the reporting of a complaint.

An example: A nurse working in Kansas under their MSL from another compact state.

Kansas becomes aware of this nurse working in the state only when a complaint of unprofessional conduct is made. Pursuant to the Nurse Licensure Compact Rules, Kansas is authorized to take adverse action against a nurse's MSL privilege to practice (K.S.A. 65-1166, Article III(d)). KSBN would then report and share the investigation and disciplinary outcome to the primary state of residence (home state) that issued the MSL. The home state has authority to take action on the MSL, if warranted.

## Monitoring Question on Licensure Application

The question reads: "Are you currently participating in a monitoring program approved by a licensing board?"

Monitoring is defined through: K.S.A. 65-1166: Article II (b) "Alternative program" means a non-disciplinary monitoring program approved by a licensing board. The alternative program approved by the KSBN licensing board is the Kansas Nurse Assistance Program (KNAP).

KNAP, also referred to as the impaired provider program, (K. A. R. 60-3-110 (t)), is a professional assistance program contracted by the KSBN to evaluate, treat, and monitor recovery from chemical dependency and mental health conditions that can impair practice and health.

## Verification of Nurse License

An employer can check NURSUS at <https://www.nursys.com> for information as to the status of the nurse license in any state. A nurse holding an active and unencumbered Multi-State License (MSL) can work in any state that is part of the Nurse Licensure Compact. <https://www.ncsbn.org/Authorization to Practice Step by step.pdf>.

To view a complete list of states that are participating in the nurse licensure compact, please see <https://www.ncsbn.org/nurse-licensure-compact.htm>.

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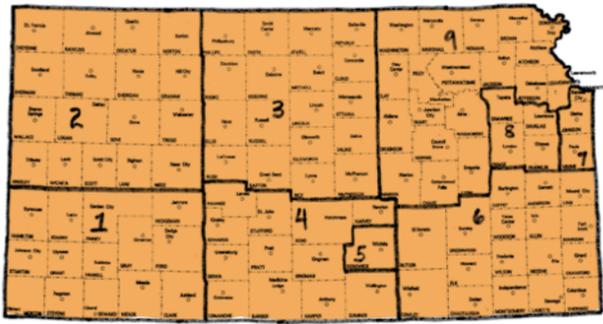


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# CONTINUING NURSING EDUCATION OFFERINGS



## STATEWIDE

September 17, 2021; 8:00 am-4:00 pm, Virtual

### 36th Annual Townsend Cardiovascular Nursing Symposium.

Spon: Wesley Medical Center & Wichita Medical Research and Education Foundation, 550 N. Hillside, Wichita, KS 67214. Contact: Diane Braitsch, BSN, RN, 316-962-3381. Fac: Nicole Kupchik, RN, Brian Boling, RN, Wassim Shaheen, MD and Justin Hamm, RN. Aud: RN, LPN, RCP & EMS. Topics for this one-day virtual symposium will include: Shattering Shock: Improving Outcomes for Cardiogenic Shock, Post-Operative Atrial Fibrillation: Diagnosis and Management, Cardiology Update 2021, Suffering from a Broken Heart: Takotsubo Cardiomyopathy in Critical Illness, Left Ventricular Assist Devices: A Therapy Awareness, and Post Cardiac Arrest Management: What Makes a Difference? Details and registration available at [www.wichitamedicalresearch.org](http://www.wichitamedicalresearch.org). You can view this event for up to 7 days after live event and still receive CE. Fee: \$25.00. Contact Hours: 7.8. The Wichita State University College of Health Professions is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering approved for 7.8 contact hours applicable for RN, LPN, or LMHT relicensure.

## HOME STUDY

### CREATING AND MAINTAINING A SELF-CARE PRACTICE: THROUGH THE PANDEMIC AND BEYOND

Spon: Professional Continuing Education, Inc., [www.healthcare-pce.com](http://www.healthcare-pce.com). Contact: Ruthanne Schroeder at [Ruthanne@healthcare-pce.com](mailto:Ruthanne@healthcare-pce.com), 913-341-5627. Fac: Rachel Hill, DNP, APRN, FNP-BC, PMHNP-BC, HWNC-BC, AHN-BC. Aud: All Levels of Nursing. COVID-19 creates restrictions with staying connected with others, because we must isolate to minimize risks. Use this opportunity to take care of You. Learn practical and fun ideas while creating your own personal self-care practice to strengthen your body, mind, and spirit! Fee: \$65.00 Contact Hours: 6.0. Professional Continuing Education, Inc., is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for APRN, RN or LPN relicensure. Kansas State Board of Nursing provider number LT0053-0949.

### ABOUT TIME: GETTING THE RIGHT THINGS DONE

Spon: Professional Continuing Education, Inc., [www.healthcare-pce.com](http://www.healthcare-pce.com). Contact: Ruthanne Schroeder at

[Ruthanne@healthcare-pce.com](mailto:Ruthanne@healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, L.M.S.W., C.H.W.C. Aud: All Levels of Nursing. Time is our most precious resource, this course will provide strategies needed to manage your time effectively and wisely. Fee: \$45.00 Contact Hours: 4.0. Professional Continuing Education, Inc., is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for APRN, RN or LPN relicensure. Kansas State Board of Nursing provider number LT0053-0949.

### THE PATHWAY OF GRIEF: TERMINAL DIAGNOSES THROUGH BEREAVEMENT

Spon: Professional Continuing Education, Inc., [www.healthcare-pce.com](http://www.healthcare-pce.com). Contact: Ruthanne Schroeder at [Ruthanne@healthcare-pce.com](mailto:Ruthanne@healthcare-pce.com), 913-341-5627. Fac: Jody Gyulay, Ph.D., L.C.S.W., R.N. Aud: All Levels of Nursing. This course will identify the normal grief process from diagnosis through bereavement for the patient, family and caregivers. You will see the dying process as a complex journey for both the patient and the family, and you will learn ways to allay their pain and suffering while bringing calm to the dying patient and family. Fee: \$100.00 Contact Hours: 10.0. Professional Continuing Education, Inc., is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for APRN, RN or LPN relicensure. Kansas State Board of Nursing provider number LT0053-0949.

### SUPERACHIEVERS AND COPING STRATEGIES

Spon: Professional Continuing Education, Inc., [www.healthcare-pce.com](http://www.healthcare-pce.com). Contact: Ruthanne Schroeder at [Ruthanne@healthcare-pce.com](mailto:Ruthanne@healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, L.M.S.W., C.H.W.C. Aud: All Levels of Nursing. This course will provide strategies needed to manage professional responsibilities without suffering the debilitating effects of perfectionism. Fee: \$35.00. Contact Hours:

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# CONTINUING NURSING EDUCATION OFFERINGS

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### CONFLICT MANAGEMENT: SKILLS FOR UNCERTAIN TIMES

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### THE ART OF SELF-HEALTH

Spon: Professional Continuing Education, Inc., [www.healthcare-pce.com](http://www.healthcare-pce.com). Contact: Ruthanne Schroeder at [Ruthanne@healthcare-pce.com](mailto:Ruthanne@healthcare-pce.com), 913-341-5627. Fac: Carol LaRue, OTR/L. Aud: All Levels of Nursing. This unique course will help you expand personally and professionally, you will increase your knowledge and awareness of the imbalances of illness and disease while learning practical applications and activities to nurture the seven dimensions of well being and recognize the connection between mind, body and spirit. This course available on-line or by text book. Fee: \$65.00 Contact Hours: 6.0. Professional Continuing Education, Inc., is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for APRN, RN or LPN relicensure. Kansas State Board of Nursing provider number LT0053-0949.

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