

# NURSING NEWSLETTER



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## KSBN-The Last 25 Years! 1988-2013

In 1988 the Executive Administrator reported that KSBN continue to assess the computer system as well as in-office procedures, to streamline, update and continue to modernize the operations. The CIL Committee reported they were discussing details of the contract for Peer Assistance with representatives from KSNA. At the November 15, 1988 special meeting conducted for KAR 60-11-104a the board spent approximately one hour in the basement garage during a tornado alert. The Board had a total of 15,557 phone calls from July through December, 1988, averaging 2590 calls per month. The Peer Assistance Program contract was signed in 1989. Discussion started about LPN providing IV therapy and new plastic licenses cards were initiated.

In 1990 two Mental Health Technician schools closed. The Board voted in 1993 to not offer the Peer Assistant Contract to KSNA and to continue the program with another peer assistance provider. It was reported that computerized testing would begin in 1994 with Wichita and Topeka having testing sites. The cost of the computerized test for nursing candidates was \$88.00 with \$22.00 going to National Council. The IV Therapy statute became effective April 24, 1994. Discussion was held in 1995 to provide licensure verification information accessible to the public through a computer link. Discussion at the national and state level started in 1996 about the possibility of a national licensure or a multi state licensure and National Council of State Boards of Nursing electronic verification information system. A special telephone line was opened up to verify current licensure the last day of the month. The computer link for verification began in 1997. A committee was also established during 1997 to write rules of conduct for the Board

review and approval. Many of the Board meetings in 1998 and 1999 had discussion of the multi-state licensure which was planned to start in 2000. The Board President and the Executive Administrator were instructed by the Board to visit with the Governor to inform him of the progress on multi-state licensure and where the Board stands on the issue. The constitutionality of the multi-state licensure was discussed and it was determined to seek constitutional opinion. The legal opinion from the Attorney General's office stated that a nurse licensure compact which purports to grant unrestricted recognition of nursing licenses issued in other states would constitute an unconstitutional delegation of legislative authority. New licensing software was installed in 1999.

During 2001 on line renewal was initiated. A Legislative Post Audit was conducted on the agency and additional staff was hired. The Board approved changing fees for initial licensure of all categories to the cap. They also approved that renewal fees be increase to \$60.00. The position paper on medical delegation was finalized.

The goal of the Board in 2001 was to reduce meeting time while processing Board business as quickly as possible. The format of the Board meeting was changed to make things move more expeditiously. It was decided that starting with the July 2001 meeting the investigative committee would meet on Monday, all other committee meetings would be on Tuesday and the Board meeting would be on Wednesday.

In 2002 the Board approved the acceptance of \$1,000 for scholarships. They approved \$500.00 for an RN and PN student. Discussion was held on the possibility of eliminating 1 board meeting and meeting 4 times a year instead of 5. The following was considered: education calendars, legislative

schedules, petitions for retest, investigative issues, fiscal impact and future recruitment of board members.

The first scholarships were presented in 2003 to the RN and PN student. The Board approved sending a letter to Governor Sebelius stating the Boards support of "opt out" and include language which clarifies "opt out" is consistent with current regulations and statutes with no change in scope of practice for the RNAs. The Board approved the position statement "Analgesia by catheter techniques monitoring and intravenous by the Registered Professional Nurse" and the endorsement statement titled "Kansas State Board of Nursing position statement on Licensee Rights and Responsibilities Related to Work Release during a Disaster." They also approved the position statement "Admission of IV Conscious Sedation" by the registered professional nurse. The Board voted to arrange a 4 meeting a year schedule to begin December 2003.

During 2004 the Board Voted to accept massage therapy for CNE but determined Fen Shui did not meet the criteria for CNE approval in Kansas. The Board decided to request an enhancement to the budget of \$160,000 for new licensing software. The Board also approved to purchase laptop computers and software to support a paperless board meeting. The Board approved the requirement that transcripts be required for all new graduates and endorsements and that a clinical component be an integral part of the educational program.

In 2005 the Board approved that graduates from any program that does not document clinical learning experience across the life span who has been licensed as an RN in another state and who worked a minimum of 1000 hours as an RN are

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eligible to apply for RN licensure in Kansas by endorsement. It was the consensus of the Board that KSBN go forward for legislative authority for fingerprinting and background checks for endorsements, reinstatements, and new applicants.

Joint board meetings were held in 2006 and 2007 with the Kansas Board of Healing Arts and the Kansas Board of Nursing. Discussion was held on fingerprinting, foreign applicants, how to increase the number of students and licensees without lowering standards, and the proposed ARNP regulations. At the December 2007 Board meeting discussion was held on the letter received regarding CRNA practice. It was moved that the Board of Nursing ask for an AG opinion that states: "Upon the order of a physician or dentist requesting anesthesia or analgesia care, each registered nurse anesthetist is authorized to: select medication to be given by an RN or LPN during the preoperative, intraoperative and postoperative period as well as requesting any additional tests (lab, EKG, e-ray, etc) necessary for the anesthesia care of the patient."

It was the consensus of the Board in 2008 to allow staff to visit with KSBOR regarding the Associate Degree Nursing Core Curriculum. It was recommended that the pre-requisites be aligned, the terminal outcomes be developed and be similar, and that the programs use a standardized test at the completion of the educational program (NCLEX-RN). It was also suggested that the curriculum of each program be developed by the individual program within guidelines provided by the Board of Regents. September 2009 the Board had a joint meeting with KSNA. Discussion was held on planning for nursing education and KSNA

concerns that nurses under investigation have had confidential information shared with others by the board.

September 2010 the Board approved the ADN Alignment Program Outcomes one through seven and implementation by fall 2012. They also accepted the September 3, 2010 Letter of Guidance from the Kansas Board of Regents regarding Associate Degree Nursing programs.

There was a joint meeting of KSBN and KSNA APRN Task Force in 2011. The Board approved the replacement of existing Board member program and hardware with a new Board program and I pads hardware. The Board approved all electronic transcripts from KBOR. The Board suspended approval of any new schools/programs of nursing education or increase in enrollment of existing programs pending a staff review of clinical resources for students in Kansas for the next 3 months. The Board voted to support conceptually the removal of a collaborative practice agreement mandate and prescriptive authority protocol if the licensee has demonstrated through a transitional practice or experience of at least 3 years the ability to practice independently. In 2013 the Board approved an Ad Hoc Committee to work with the APRN Task Force on statutory language for APRN independent practice. The Board approved the removal of the requirement for a photograph as an attachment to initial licensure applications. The 6 months suspension of the approval of any new schools/programs of nursing education or increase in enrollment of existing programs was lifted.

July 1, 2013 a ceremonial Board meeting and reception was held with Governor Brownback presenting the Board a proclamation in honor of 100 years of the Board of Nursing and nursing regulation in Kansas.



## Nursing License Renewal Schedule

<b>If your license expires on: (Please refer to the Check Status of Expiration to verify your expirations date.)</b>	<b>You should receive your renewal notice postcard by:</b>	<b>Your properly completed renewal application should be in the Board office by:</b>
April 30, 2014	February 15, 2014	March 30, 2014
May 31, 2014	March 15, 2014	April 30, 2014
June 30, 2014	April 15, 2014	May 31, 2014
July 31, 2014	May 15, 2014	June 30, 2014
August 31, 2014	June 15, 2014	July 31, 2014
September 30, 2014	July 15, 2014	August 31, 2014
October 31, 2014	August 15, 2014	September 30, 2014



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# The Unique Contribution of Nursing to Health Care

**Kathryn Coker**  
Washburn University



**Kathryn Coker, Washburn University:**  
L to R: Mary Blubaugh, MSN, RN, Executive Administrator KSBN, Brenda Moffitt, CNS, APRN, Board President, Kathryn Coker, Washburn University BSN Student, Monica Scheibmeir, PhD, APRN, FAANP, Washburn University Dean of Nursing

How would the healthcare world function without nurses? Nurses are the eyes and the ears of doctors. They are there by the bedside day and night. They are the comforting hand there to hold yours when you are told earth-shattering news. They are the words of encouragement that you need to get back onto the path of health. Without expecting anything in return, they bend over backwards to make sure you are comfortable and safe. Nurses are the center of patient care. They are the patient's main advocate fighting for the needs, rights, and wants of the patient. Oh how on earth would the healthcare world function without nurses?

Many people have the wrong idea of nurses. They just think that nurses are there to take vital signs, record your height and weight, and then leave to go get the doctor. They think nurses just give medications, clean up big messes, and wipe bottoms all day. Yes, some of that may be true, but people do not realize what all a nurse does. The nurse is a detective. He or she is there to constantly monitor the patient, looking for any changes in the patient's baseline. Has the patient had a change in level of consciousness? Did the patient have an allergic reaction to a blood

transfusion? Has the patient had a decrease in heart rate? Why is the patient's potassium level so low? What is causing the patient's condition of respiratory acidosis? Is the patient experiencing respiratory depression due to the administration of narcotic pain medication and should the narcotic be withheld? These are examples of questions nurses ask of themselves during a typical shift.

The nurse is a coordinator. The nurse is at the center of care. Take for example, a patient facing an end of life process, experiencing respiratory failure, and is on a ventilator to help him breathe. The nurse has to call respiratory therapy so they can draw blood gases off the patient so the nurse can monitor the patient's acid-base balance. The nurse has to call the physician to update the physician about the progress of the patient, any changes in his baseline, and to let the physician know of any needs or wishes of the patient. The nurse is the one who calls the family to update the family on the patient's progress and wishes. The nurse is there to make sure the patient gets all of his medications, is safe, that his endotracheal tube does not come out, that the correct IV medications are running at the right rate and right time, that the patient's vital signs are kept within normal range and intervening when they aren't. The nurse has to make sure the patient is comfortable, turning the patient every two hours, suctioning his mouth and airway so secretions do not block his airways, making sure he has enough pain medication to keep him as pain free as possible. The nurse multitasks to meet the needs of the patient.

The nurse is the teacher that a patient needs. The nurse is there to teach the patient what medications they are on, why they are on them, the importance of the medications, how to take them, when to take them, and any side effects of the medications. Nurses are there to encourage patients to ambulate soon after surgery and give reasons why such as: preventing pneumonia, decreasing chances of developing a blood clot in their legs that could travel to their lungs causing a pulmonary embolism, increasing circulating blood flow, preventing skin breakdown, and also preventing wasting away of muscles. Without the knowledge that nurses give patients, patients would be less motivated to get back on the path to health.

Nurses are the support and comfort that patients need just to get through their day. My father told me that he would never forget a nurse

that cared for him as a young child. After having an appendectomy, he had to stay in the hospital for a few days. His parents worked, had other kids to take care of, and they could not always be there with him. It was very scary for him to be in the hospital as a young child all by himself. The nurse, knowing this, took her lunch breaks in his room so that he could talk to her and so that he would not be all alone. My dad told me that just her presence and listening to him made his hospital stay less scary and gave him comfort. That is a nurse. This happened forty years ago, and to this day, my dad still remembers what all that nurse did for him.

A nurse is the patient's detective, the coordinator of care, a teacher, a patient advocate and the support and comfort the patient needs to get through his or her day. Healthcare would not function without the dedication, hard work, and warm heart of a nurse. This is one profession that will never die, is always needed, sometimes underappreciated, but is one of the most trusted and honorable professions out there. Healthcare cannot function without nurses. I am 100% thankful and proud to one day be called a nurse.

## BOARD MEETING SCHEDULE

### 2014 Board Meetings

- March 18 & 19
- June 17 & 18
- September 16 & 17
- December 9 & 10

## Dr. Nancy Mosbaek Scholarship Awarded



The winner of the third annual Dr. Nancy Mosbaek Scholarship was Heather Nelson-Brantley. She is attending the University of Kansas, School of Nursing pursuing her Doctorate Degree in Nursing Education.



## The Unique Contribution of Nursing to Health Care

**Lara Tucker**

**Neosho County Community College**



**Lara Tucker, Neosho County Community College:**  
**L to R: Mary Blubaugh, MSN, RN, Executive Administrator KSNB, Brenda Moffitt, CNS, APRN, Board President, Lara Tucker, Neosho County Community College ADN Student, Pam Covault, MSN, RN, Neosho County Community College Director of Nursing**

From the early pre-modern, fly-by-the-seat-of-your-pants era to Florence Nightingale and Mary Seacole to the present, nursing has morphed and changed to become the role model of patient

advocacy, care, and safety. Through this journey of modernization, consistent competency standards have been formed from persistent practice, education, and leadership. Long gone are the days of Laura Ingalls, who sprinted on foot for miles to fetch the doctor. We have said good bye to the neighbor's wife, trying her level best to help a sick or injured family member while sporting a mere second grade education. However, those days must not be discounted. The spirit of these early American care-givers lives on in nursing care today, and all benefit by carrying the same pride and determination and displaying it in every task assigned.

Sure, technological advancements were key in ramping up the speed in which information sharing, research, education, diagnostics, and overall nursing cares were delivered and accessed. Lawmakers listened when nurses advocated for change. Nurse associations were formed, lobbyists were hired, and regulations were enacted. Schools were established, with specific parameters for acceptance and progression through the program. All of these things have been, and continue to be, so important for ensuring safe, competent care—but are any of these unique?

Many other fields can also assert that they are unique and list the very same types of contributions to health care. Companies that build hospitals and provide equipment, insurance, and medications tout what is perceived as one-

of-a-kind. Attorneys who file class action law suits assert that they are uniquely contributing to health care by protecting those harmed by the mistakes of others—but are any of these unique?

Today, with so many specialties, not many can say that they are viewing the person as a whole. Care can be, and has become, fragmented in some areas. The one thing that is consistent, and the rock upon which patients can stand, is the role of the nurse. The nurse assesses the whole individual, not just one system or the other, and applies evidence-based practice when making decisions and planning cares—but is any of this unique?

To find that one special uniqueness, that one-of-a-kind something that is unlike anything else, one must look into the heart of every person within the nursing profession. It is not something that can be measured, it is subjective. The effectiveness of a nurse's contribution to health care through her heart, determination, perseverance, and persistency can only be measured by a smile on the face of the one receiving care, their family members, and their friends. This contribution of one's whole self is the driving force behind consistent competency, leadership, patient advocacy, and care. Without the unique spirit of the nurse, nursing would not have grown to be the most trusted role in the United States.

**Aubrey Gunter**

**North Central Kansas Technical College-Beloit**



**Aubrey Gunter, North Central Kansas Technical College – Beloit: L to R: Mary Blubaugh, MSN, RN, Executive Administrator KSNB, Brenda Moffitt, CNS, APRN, Board President, Aubrey Gunter, North Central Kansas Technical College – Beloit PN Student, Annette Saint, BSN, RN, North Central Kansas Technical College – Beloit PN Program Faculty**

*“To do what nobody else will do, in a way that nobody else can do, in spite all we go through; is to be a nurse”*

~ Rawsi Williams.

Admittedly, nursing can be a rather squalid job that not everyone can tolerate, but that is just one aspect of the profession that makes it all the more rewarding. Nurses bring forth many unique qualities to the health profession, such as: quality care, level of compassion, measure of patience, ability to obtain trust as well as gain respect, and the demonstration of tolerance and maintenance of a nonjudgmental attitude. Separately each of these are good characteristics, but when applied altogether, they can make for a well-rounded nurse and a very rewarding experience for both the patient and the nurse as in a highly functional union.

One of the most unique, yet important, jobs as a nurse is to reconcile the medical aspect of the profession with the patients' personal lives. Stitching them together with a nurturing approach. As advocates for the patients, it is absolutely vital that we have established a level of trust with

them. How is it remotely possible that we can advocate for a patient that doesn't trust us, or that we haven't invested enough of ourselves to get to know? Most people wouldn't want to tell other individuals embarrassing aspects of their life or lifestyle decisions, especially if they feel they are being judged or scolded. Nurses are entrusted with their information and, as a result, the vulnerability of their patients. Therefore it is imperative to treat them with the utmost respect and privacy, remembering that each patient should be treated as we would want our family member, or ourselves to be treated. As nurses obtain essential information from the patients for doctors, it is important that we respect our patients and that they know that we are not there to criticize or develop opinions, but rather to assess, teach, and help modify lifestyle choices, when that is appropriate.

It doesn't matter if it's a doctor's appointment due to minor sickness, or a trip to the emergency room presenting extreme trauma, most every individual's anxiety heightens with a visit to the hospital. Undergoing questions, observation, and tests can all be very foreboding. This stress and anxiety can be displayed much differently from patient to patient. That is why it is vital that a nurse is calming to her patients' nerves and is able to help diffuse a stressful situation. Letting patients know that we are there for them by providing outstanding quality of care, balanced with the ability to listen and empathize with them, can assist in making them feel more comfortable. The more relaxed the patient is, the more they trust the nurse, and the more likely they are to provide truthful and pertinent information regarding their lives.

Communication is an essential key for achievement of these goals. We must know what the patient's fundamental concern is. After establishing what the patient's care will entail, we need to prioritize accordingly. Cooperation is a must from the patient in implementing and achieving goals, thus, it is most advantageous that we include them on the planning. The well-known “golden-rule” is a great example that applies to life in general and demonstrates nursing at its finest. It is important to stay professional, understanding and cooperative no matter what job the nurse is handed, and nurses are delegated some of the most difficult jobs every day. They may be heartbreaking or joyful, they could even be downright messy, but that is what makes nurses unique. In the great words of Art Wiliam – *“I'm not telling you it's going to be easy. I'm telling you it's going to be worth it.”*

## The Unique Contribution of Nursing to Health Care

**Lacy Jensen**

**North Central Kansas Technical College-Beloit**



**Lacy Jensen, North Central Kansas Technical College – Beloit: L to R: Mary Blubaugh, MSN, RN, Executive Administrator KSBN, Brenda Moffitt, CNS, APRN, Board President, Lacy Jensen, North Central Kansas Technical College – Beloit PN Student, Patti Scott, MSN, APRN, North Central Kansas Technical College-Beloit Nursing Program Administrator**

Throughout the ages nurses have played a vital role in healthcare. During the wars they were there to heal the wounded. Through disease outbreaks they have been lined up to take care of the sick, without weighing the consequences to their own health. Through the original AIDS Epidemic, nurses were taking care of AIDS patients before anyone knew exactly how this disease was contracted and spread. It goes without saying, but a nurses' job is never done. A great nurse must be a Jack, (or Jill) of all, and master of most. I feel the quote "To whom much is given, much is expected" is greatly relevant to a nurses' contribution to health care and the responsibility that comes with the title.

A nurse gives her knowledge in every dose of medication, vital sign, lab result, and daily monitoring charted. Every time a nurse steps into a room with a patient, she is quietly assessing the patient, through conversation, physical assessment, monitors, atmosphere, and even what the patient may not be saying. A great nurse

knows all these little things mean everything to the care of the patient. Every chart a nurse reviews is a glimpse into someone's life and their health story. A great nurse understands the importance and intimate details that some may not even share with family.

A nurse is a liaison between the doctor and patient, the daily eyes and ears. The doctor assesses and diagnoses, but it is the nurse who must diligently follow through with every detail, assessing and making a plan of action for the wellness and comfort of the patient. It is the nurse who will hold the hand of a patient grieving over the news of a new diagnosis, or through a terrifying procedure. She is the one who will encourage, comfort, and calm the mother giving birth, and then rock her sweet baby so the mother can get some sleep. While she must contribute an empathetic side, she must also be tough.

A great nurse is an advocate for the patient, who will contribute a gentle, yet sometimes tough side when the moment presents itself. The nurse will be in the middle of it all, between the patient and the doctor, the family, and friends. She will be the one to tell the family that the patient is too tired for visitors when the patient needs some rest to heal. At times she will be the great negotiator between the doctor and the patient. Believe it or not, at times patients may not want to take a medicine, and though the nurse may not agree, she explains the reasoning and ultimately respects the patients' final decision. There may be times the patient doesn't have the financial resources to pay for a new medication. It is a great nurse that will help the patient find the right resources, or person that may serve them best, to fulfill their health care needs. This also includes making sure the patient that can no longer drive has arrangements for food and transportation once they leave the facility. The nurse stands in the eye of the storm, so to say, to advocate for her patient while in her care and after they return home.

Being a patient advocate also means she must be tough enough to stand for the patient when something does not seem right, even if it means standing in the fire. Making sure that everything is done for the patients' best interest, even if you must call a doctor at two in the morning. She must also be tough enough to encourage and make

a patient ambulate, or cough and deep breathe after a surgery when they just really want to lay in bed and do nothing. A great nurse knows that sometimes you must have tough love for the interest of your patients healing. For a great nurse knows she is, in that moment, a guardian to her patient.

What is a nurses' unique contribution to health care? A great nurse gives every aspect of her being to the care of her patients. Her/his job is never done. People do not become a nurse for the glamour, the glitz, the glory, but for the simple fact that nursing is relentlessly giving of oneself. Nursing is not a profession that you choose, but a profession that chooses you. It is caring in your sleep. It is, for most, a calling. The greatest contribution of nursing to health care is being someone's care-taker, advocate, and guardian for a moment in time. The greatest contribution a nurse gives is that of her heart, that of herself, a true selfless act of giving. There is no greater feeling than giving to someone who can never repay you.

## September Finance Committee

The September Finance Committee was called to order September 18, 2013 at 8:32 a.m. in room 560 of the Landon State Office Building in Topeka by Bernard Becker, Chair. Chairman Becker introduced Mark Dapp, budget analysis with the Legislative Research Department who is assigned the budget for the Board of Nursing. Office space was added to the agenda under new business. The minutes of the June 12, 2013 Finance Committee were approved as written.

Mary Blubaugh reported that she submitted the budget and the analysis was still reviewing it. It had not changed since it was approved last year. Ms. Blubaugh reported that she appeared before the State Finance Council and the monies for the FY14 salaries for two new investigator positions were approved. Since the money was not approved for FY 15, it was included in a change package in the FY15 budget.

It was reported that the fee fund balance has increased. M Blubaugh has done some calculating to see if we decrease the renewal fees for 2 years how much it would lower our fee fund balance. M. Blubaugh will research what amount other states agencies and other State Boards of Nursing maintain in their fee funds. The committee voted to reduce renewal license fees by \$5.00 for a two year period beginning July 1, 2014.

M. Blubaugh explained that two new offices for the new investigators are being constructed in the current office space. She explained where staff would be moved to in the office and where the walls for an office would be built. The bid for the work was around \$7000 but M. Blubaugh thinks it will be under that amount.

The meeting was adjourned at 8:55 A.M.

## September 2013 Education Committee

The Education Committee met September 17, 2013 and was called to order by Jeanne Walsh, RN, MSN Chair at 8:40 a.m. in Room 509 of the Landon State Office Building. The committee reviewed the onsite packet. A certificate of appreciation was presented to Wanda Bonnel for her time served on the Education Committee. The minutes from June 11, 2013 were approved. The Education Specialist report was given by Carol Moreland, MSN, RN.

Breckenridge School of Nursing at ITT Technical Institute, Wichita, ADN Program had a re-approval site visit on July 9 – 10, 2013. It was moved to accept the site visit report with recommendations and to reapprove the program for five years.

The following schools presented major curriculum changes:

- University of Kansas School of Nursing Graduate Program
- KCPNE PN Core Curriculum
- Coffeyville Community College ADN Program
- Donnelly College PN Program

Rasmussen College submitted an application for approval of an ADN Program in Overland Park with a satellite ADN program in Topeka. It was moved to approve the request from Rasmussen College to offer an ADN program in Overland Park with a satellite ADN program in Topeka with a site visit to occur before approval is given to admit students.

It was moved to require a scope of practice paper for those RN program (BSN/ADN degrees) graduates (within two years of graduation) who elect to take the LPN examination.

It was moved to approve K.A.R. 65-1119, 60-1-102, 60-1-103, 60-1-1-4, 60-2-107, 60-17-102, 60-17-103, 60-17-106, 60-17-107, 60-17-108, 60-17-109 and 60-6-101 language for five years as currently stated to begin immediately upon approval.

Three petitions for permission to test/retest were reviewed and action taken.

The meeting was adjourned at 12:00 pm

## January 2014 APRN Newsletter

The following items are from the approved minutes of the September 2013 APRN committee:

The following out of state Advanced Practice College Programs were approved:

- Duke University – Acute Care Pediatric NP
- Florida International University – RNA
- University of Arkansas – Adult/Gero CNS
- Lincoln Memorial University – RNA, FNP, Family Psych/Mental Health NP
- Michigan State University – FNP, RNA, Adult/Gero NP
- University of Nebraska – Pediatrics Primary Care NP
- Grand Canyon University – Adult NP with emphasis in Gero, Adult/Gero CNS, Acute Care NP, FNP
- University of Indianapolis – Adult/Gero NP, FNP, Women's Health NP, Nurse Midwife
- Union University – RNA
- University of Maryland – Baltimore - FNP

All advanced practice registered nurses are again reminded that since January 2013, all thirty (30) continuing nursing education (CNE) hours that you use to obtain credit for license renewal must be relevant to your APRN role. It is not necessary to obtain CNE hours in the particular specialty population that you work with, just the role, ie: Nurse Practitioner, CNS, Midwife, or CRNA. The advanced practice CNE hours will count for renewal of your registered nurse license, also.

Remember, to determine if the CNE you plan to take will be approved for renewal, use the guidelines for APRNs which are available on the website, ksbn.org.

### **GUIDELINES IN FINDING CNE FOR APRNS**

**(These guidelines are used only to assist the advanced practice nurse when considering CNE for renewal. The nurse should use his/her personal judgment when selecting a CNE)**

**CNE for advance practice nurses is formal training that includes any of the following:**

- Provides new knowledge and skills to assist with advanced clinical decision making; or
- Designed to maintain or enhance knowledge, skills and/or professional attitudes of APRN practice; or
- Supports innovation and creativity in APRN practice; or
- Addresses new and developing standards of APRN practice.





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Lauren Wolf, RN RN Investigator III	<a href="mailto:lauren.wolf@ksbn.state.ks.us">lauren.wolf@ksbn.state.ks.us</a>	785-296-4325
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Nickie Stallons Exams, Foreign Students	<a href="mailto:nickie.stallons@ksbn.state.ks.us">nickie.stallons@ksbn.state.ks.us</a>	785-296-2967
Dora Lee Bourquin Renewals	<a href="mailto:doralee.bourquin@ksbn.state.ks.us">doralee.bourquin@ksbn.state.ks.us</a>	785-296-2453
Rae Ann Byrd Endorsements, Advance Practice	<a href="mailto:raeann.byrd@ksbn.state.ks.us">raeann.byrd@ksbn.state.ks.us</a>	785-296-2240
Vacant Receptionist		785-296-3350

Want to see our website? Point your Internet browser at <http://www.ksbn.org>.

Need to fax us? KSBN fax number is 785-296-3929.

All federal mail should be addressed to:

Kansas State Board of Nursing (intended recipient)  
900 SW Jackson, Suite 1051, Topeka, KS 66612-1230

## Positions Open for Appointment to the Kansas State Board of Nursing

The Kansas State Board of Nursing will have two positions open for appointment July 1, 2014. Governor Brownback will be seeking nominations for one Registered Nurses positions and one Public Member position. The RN open positions consist of a Registered Nurse in nursing education.

Those interested in one of the positions is encouraged to complete the online form at <https://governor.ks.gov/contact-the-governor/contact-governor>. K.S.A. 74-1106 requires Kansas State Nurse Association to give the Governor a list of Registered Nurses to be considered for appointment. The Governor is not obligated to make his appointment from the recommendations, although they will be considered.

To see the statute discussed above log onto the web site at [www.ksbn.org](http://www.ksbn.org) and download it at no charge.

## About Me

Meet Debra Quintanilla, RN is one of the newest members to the KSBN Nurse Investigative team. She is a graduate from Stormont-Vail School of Nursing. She has worked in various roles during her nursing career, these include: Med/Surg/Diabetes, Oncology, Home Health & Hospice, Long Term Care and Medicaid Prior Authorization. She and her husband have 5 children and 2 grandchildren. Deb is excited to be starting a new adventure here at KSBN!

Meet Miriah Kidwell, RN I graduated from Washburn University in Dec 2005 with my BSN. I am currently attending Baker University working toward my MBA. I worked on med/surg/tele impatient units, for 3 years and in outpatient cardiology for almost 5 years. I am married with a terrific husband and have 2 wonderful boys, one 7 and one 12. My husband and I stay very busy and involved in sports and school activities with our boys. They both play football and baseball, my favorite to watch and get involved in is baseball. We also as a family enjoy running in the evenings and attending local charity runs anywhere from 5-10K, with hopes to do a half or full marathon in the near future. I am very excited to join the KSBN family and do nursing investigations.

## Calling All Health and Medical Professionals

The Kansas Department of Health and Environment (KDHE), Bureau of Community Health Systems (BCHS) hosts several preparedness IT systems, which can be utilized at state and local levels to assist and support preparedness efforts. Two of those systems are the Kansas Health Alert Network (KS-HAN) and the Kansas System for the Early Registration of Volunteers (K-SERV).

KS-HAN is a secure, web-based electronic communication system that enables local and state health and safety entities to share public and environmental health information rapidly. The system allows users to send, receive and discuss information of public and environmental health importance in a secure environment. It also allows for the rapid notification of any and all users in the event of an emergency, when the timely distribution of recommendations on investigation, prevention and treatment is critical.

“By receiving advance alerts about disease outbreaks through the Kansas Health Alert Network (KS-HAN), health and medical professionals will have crucial information for patient diagnosis, treatment and prevention. KS-HAN is a fast, easy and reliable way to be notified of developing illnesses impacting the work of Kansas health care providers.” – Robert Moser, M.D., KDHE Secretary and State Health Officer

KS-HAN contains over 3,000 participants from local health departments, hospitals, emergency medical services, animal health, clinics, state agencies, private and public health laboratories and other first responders across the state.

KS-HAN is an invitation-only system. An invitation code sent from KS-HAN administrator is required prior to registration. To be considered for participation, email your name, employers, employer phone number, job title or description to [kshanadmin@kdheks.gov](mailto:kshanadmin@kdheks.gov).

The Kansas System for the Early Registration of Volunteers, K-SERV, is a secure registration system and database for volunteers willing to respond to public health emergencies or other disasters in Kansas or other areas across the country. It can be utilized as a volunteer management system at the local and state levels.

During an event, a community may need to use K-SERV to get the assistance of volunteers to aid in response. K-SERV improves the efficiency of volunteer deployment and utilization by verifying in advance the credentials of volunteer healthcare professionals. This pre-registration and pre-verification of potential volunteers enhances the state's ability to quickly and efficiently send and receive appropriate health professionals as needed to assist with an emergency response.

If you are interested in volunteering to help Kansans, register today at <https://kshealth.kdhe.state.ks.us/VolunteerRegistry>. For more information, email [kservadmin@kdheks.gov](mailto:kservadmin@kdheks.gov).



## False/Inaccurate Information

The following individuals were fined for providing false/inaccurate information in the KSBN renewal licensing process a second or subsequent time and were fined \$200.00

Christin E. Mack #14-103126-091 Olathe, KS 66062	Janice D. Hoshaw #23-40000-111 El Dorado, KS 67042	Peggy L. Lozada #14-124046-012 Leawood, KS 66224
Chrystal S. Bell #13-109297-081 Wichita, KS 67213	Kathleen J. Mather #13-103790-101 Tonganoxie, KS 66086	Teresa K. Barber #13-594448-111 Wichita, KS 67217
Elsa Sanchez #13-109515-051 Hugoton, KS 67951	Ruth M. Bonilla #13-112626-121 Newton, KS 67114	
Andrea L. Guerra #13-120154-061 Wichita, KS 67235	Dorian S. O'Connor #23-39985-101 Leavenworth, KS 66048	

## Unlicensed Practice

The following individuals were fined for unlicensed practice for practicing for six (6) calendar months or more in Kansas without a license, or had a second or subsequent unlicensed practice.

Judith Lathen #13-66305-021 Meade, KS 67864 4 months/\$400 second offense	Carisa Cunningham #13-120147-041 Topeka, KS 66611 6 months/\$300	Amanda Wilson #13-117461-062 Oswego, KS 67356 8 months/\$400
Amanda Wulf #23-27481-051 Christiansted VI 00820 6 months/\$300	Melissa Gerlach #23-39974-041 Wichita, KS 67235 6 months/\$300	Kimberly McMahon #13-120745-041 Wichita, KS 67235 8 months/\$400
Tyleigh Mattison #13-92379-122 Hutchinson, KS 67501 10 months/\$500	Rachel Hodges #14-125338-032 Kearney, MO 64060 10 months/\$500	

## Board Members E-Mail Addresses

Brenda Moffitt, CNS, APRN President 01-20-09 – 06-30-15	<a href="mailto:Brenda.Moffitt@ksbn.state.ks.us">Brenda.Moffitt@ksbn.state.ks.us</a>
Jeanne Walsh, RN, MSN Vice President 09-08-06 – 06-30-14	<a href="mailto:Jeanne.Walsh@ksbn.state.ks.us">Jeanne.Walsh@ksbn.state.ks.us</a>
Kimberly Hensley, LPN Secretary 11-08-07 – 06-30-15	<a href="mailto:Kimberly.Hensley@ksbn.state.ks.us">Kimberly.Hensley@ksbn.state.ks.us</a>
Judith Hiner, RN, BSN 07-01-09 – 06-30-17	<a href="mailto:Judith.Hiner@ksbn.state.ks.us">Judith.Hiner@ksbn.state.ks.us</a>
Bernard Becker Public Member 11-08-07 – 06-30-15	<a href="mailto:Bernard.Becker@ksbn.state.ks.us">Bernard.Becker@ksbn.state.ks.us</a>
Rebecca Nioce Public Member 03-21-11 – 06-30-14	<a href="mailto:Rebecca.Nioce@ksbn.state.ks.us">Rebecca.Nioce@ksbn.state.ks.us</a>
Jeanne Catanzaro, MSN, RN 07-10-12 – 06-30-16	<a href="mailto:jeanne.catanzaro@ksbn.state.ks.us">jeanne.catanzaro@ksbn.state.ks.us</a>
JoAnn Klaassen, RN, MN, JD 07-10-12 – 06-30-16	<a href="mailto:joann.klaassen@ksbn.state.ks.us">joann.klaassen@ksbn.state.ks.us</a>
Garet King Public Member 10-15-12 – 06-30-16	<a href="mailto:garet.king@ksbn.state.ks.us">garet.king@ksbn.state.ks.us</a>
Carol Bragdon, PhD, APRN 9-25-13 – 06-30-17	<a href="mailto:Carol.Bragdon@ksbn.state.ks.us">Carol.Bragdon@ksbn.state.ks.us</a>

## Discipline Cases

Leah Aduma  
Overland Park, KS  
LPN #23-39479-121  
Case #13-307-8  
Proposed Default Order 12/3/13

Sarah Blevins  
Kansas City, MO  
RN #13-96217-102  
Case #12-1574-0  
Summary Order 10/15/13

Denise Brull  
Hays, KS  
RN #13-48437-031  
Case #12-2208-3  
Initial Agreed Order 10/17/13

Danell Brunk  
Buhler, KS  
LPN #23-40261-051  
Case #11-687-4  
Proposed Default Order 10/9/13

Brett Bullock  
Melvern, KS  
LPN #23-39397-061  
Case #12-1806-8 & 12-1972-8  
Initial Order 1/2/14

Amber Chambers  
Oswego, KS  
Applicant  
Case #12-1702-0  
Proposed Default Order 10/9/13

Ismeal Diaw  
Wichita, KS  
RN #13-110454-091  
Case #13-1769-5  
Summary Order 12/6/13

Sarah Dittman  
Topeka, KS  
LPN #23-34196-082  
Case #11-1721-8, 11-1721-8 & 12-1195-8  
Initial Agreed Order 10/15/13

Lisa Gannaway  
Pittsburg, KS  
LPN #24-41444-101  
Case #11-983-6  
Summary Order 10/25/13

Sheryl Garcia  
Overland Park, KS  
RN #13-87672-012  
Case #10-726-7  
Proposed Default Order 11/14/13

Devan Gilliam  
Leawood, KS  
RN #14-117138-071  
Case #13-1405-7  
Summary Order 10/9/13

Christina Hall  
Wichita, KS  
RN #13-98685-122  
Case #11-1470-5  
Initial Order 12/6/13

Lisa Hawkins  
Leavenworth, KS  
LPN #23-39589-081  
Case #11-1472-9  
Initial Agreed Order 10/17/13

Kathleen Hines  
Ellinwood, KS  
RN #13-103258-032  
Case #12-2184-3  
Initial Agreed Order 10/29/13

Suzanne Kelley  
Derby, KS  
RN #13-75635-032  
Case #05-093-5  
Initial Agreed Order 12/6/13

Sarah Kruchowski  
Trail, MN  
LPN #24-42224-091  
Case #13-1871-0  
Summary Order 12/11/13

Susan Lebeda  
Caldwell, KS  
RN #14-60252-032  
Case #11-889-4  
Initial Order 1/2/14

Lindsey LeBorgne  
Junction City, KS  
RN #14-118112-021  
Case #13-312-9 & 13-670-9  
Proposed Default Order 10/9/13

Leigh Lengacher  
Indianapolis, IN  
LPN #23-26412-011  
Case #12-1948-3  
Initial Order 10/14/13

Valorie Lockhart  
Burlington, KS  
LPN #23-28246-061  
Case #13-294-6  
Agreed Order to Surrender 12/19/13

Ronald Marino  
New Haven, MO  
Applicant  
Case #12-144-0  
Proposed Default Order 12/11/13

Robert Martinez  
Parsons, KS  
LPN #23-3559-111  
Case #12-710-0  
Initial Order 12/19/13

Bryan McCreary  
Newton, KS  
LPN #23-27124-072  
Case #12-2196-9  
Summary Order 12/24/13

Michelle Nasalroad  
Lacygne, KS  
RN #14-79746-122  
Case #12-783-6  
Initial Agreed Order 11/22/13

Alfred Njogu  
Olathe, KS  
Applicant  
Case #12-1038-0  
Initial Agreed Order 01/02/14

Andrew Noval  
Kansas City, MO  
LPN #24-37173-032  
Case #13-555-0  
Summary Order 11/29/13

Elizabeth Oberg  
Overland Park, KS  
LPN #24-36712-011  
Case #11-1466-7 & 13-101-7  
Summary Order 10/25/13

Kimberly Oliver  
Kansas City, MO  
LPN #24-42052-111  
Case #11-112-0  
Proposed Default Order 10/9/13

Kyle Oswald  
Wichita, KS  
RN #13-112813-012  
Case #12-2179-5  
Summary Order 10/23/13

Ashleigh Rees  
Andover, KS  
RN #13-93303-082  
Case #13-1486-6  
Summary Order 01/13/14

Amber Riggs  
Olathe, KS  
LPN #23-37821-042  
Case #13-390-7  
Summary Order 10/23/13

Paula Schroeder  
Peabody, KS  
RN #13-104395-051  
Case #11-1464-1  
Initial Agreed Order to Surrender 12/6/13

Danny Shanahan  
Bella Vista, AR  
Applicant  
Case #13-066-0  
Initial Order 11/5/13

Maxine Shores  
Andover, KS  
RN #13-113783-121  
Case #13-812-5  
Summary Order 10/23/13

Kasey Slechta  
Derby, KS  
RN #13-106663-062  
Case #11-1118-5  
Summary Order 10/23/13

Teresa Snyder  
McPherson, KS  
RN #13-68380-112  
Case #13-925-3  
Summary Order 10/15/13

Edwin Stith  
Atchison, KS  
LPN #23-24433-101  
Case #12-2275-7  
Proposed Default Order 10/9/13

Robyn Strasheim  
Olathe, KS  
LPN #24-34471-032  
Case #12-1134-7  
Summary Order 12/24/13

Mary Taylor  
Liberal, KS  
LPN #24-16040-102  
Case #13-291-4  
Proposed Default Order 10/9/13

Solomon Tegegn  
Kansas City, MO  
LPN #24-41376-111  
Case #13-1649-9  
Summary Order 11/15/13

Theresa Thoman  
Kansas City, MO  
LPN #24-23105-091  
Case #11-1398-7  
Summary Order 10/25/13

Marie Thompson  
Paola, KS  
RN #13-116979-032  
Case #12-1971-7  
Summary Order 10/25/13

Shayla Tuffley  
Topeka, KS  
RN #13-108408-072  
Case #12-1933-8  
Initial Agreed Order 11/4/13

Iris Vorhies  
Lees Summit, MO  
RN #14-118245-022  
Case #13-561-0  
Initial Agreed Order to Surrender 11/11/13

Julie Weatherhead  
Belleville, KS  
LPN #23-36637-042  
Case #12-1759-0  
Summary Order 10/23/13

Jason Wells  
Longview, TX  
RN #14-106452-021  
Case #13-1485-0  
Summary Order 1/13/14

Robert Winkquist  
Wichita, KS  
RN #13-57503-102  
Case #09-1246-4  
Initial Agreed Order to Surrender 11/21/13



## September 2013 CNE Committee

A. The following items are from the approved minutes of the September 2013 CNE committee and other places:

1. The following long term CNE providerships were granted renewal for 5 years, with some of the providers being required to make modifications in the presentation for approval: CHEX, Overland Park Medical Center, ARJ Infusion, and Advanced Mobile HealthCare.
2. A preliminary count of CNE figures submitted by the Long Term CNE Providers revealed the following numbers of CNE
  - a. 4,034 CNE offerings; 25,701.8 contact hours given; 39,643 RNs participating; 4,175 LPNs participating; and 172 LMHTs participating. 15, 901.95 of the CNE hours were taught by RNs and the remaining hours were taught by others, including LPNs or non-nurses. There were 713 total independent study topics taken for a total of 4,334 independent study contact hours. A total of 27, 192 RNs, 620 LNs, and 1 LMHT participated in independent study CNE.
3. Nurses continue to submit requests for individual approval of their continuing education without including the supporting documentation. Some of this may be caused by anxiety over meeting the deadline before their renewal expires, but not all of it. The instructions on the IOA form are very clear. If all documentation is not submitted with the request for CNE approval, your CNE will not be reviewed or approved. If you are depending on this CNE approval to renew your license, it could cause problems when you miss the deadline.

## Investigative Committee

The Investigative Committee met on Monday and Tuesday December 9 and 10. Costs of actions information is being gathered by administration. Information regarding a two year window will be presented later in the year. Draft language for a question regarding impairments was reviewed and it was decided to move it forward to the Board at this December meeting. A recommendation was made that the application fee and exam costs for LMHTs be set at the same rate as LPNs. A second recommendation was made that refresher course language for LMHTs mirror that of RNs and LPNs. The issue of CNE required for renewal will be moved forward to the Board for a discussion by all members.

## Practice Committee

The Practice Committee met on December 10. The discussion on LMHT refresher courses continues. A checklist is being drafted and will be presented at the March meeting. KSNO brought forward a question regarding the medication administration regulation and the ability to delegate tube feedings through tubes that are not inserted directly into the abdomen. Additional information and a revised delegation grid will be reviewed at the March meeting. A multidisciplinary committee is currently being formed and scheduled to review the Joint Policy Statement on the Use of Controlled Substances should be considered. Brenda Moffitt and Diane Glynn will participate on behalf of the agency.



*Celebrating* 100 Years of Nursing Regulation  
1913 - 2013

Please join the Kansas State Board of Nursing while we Celebrate 100 Years of Nursing Regulation!  
Commemorative pins are available for purchase.  
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**KANSAS STATE BOARD OF NURSING**  
900 SW JACKSON, SUITE 1051  
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*"Protect the Public Health, Safety and Welfare of the Citizens of Kansas through the Licensure and Regulation Process."*

## THE CONDUCT OF BOARD MEETINGS



1. Kansas State Board of Nursing meetings are open to the public.
2. Executive sessions and the Investigative Committee meetings are closed to the public.
3. The President will call for the Executive Session citing a specific purpose, length of time and who is included.
4. The Board meeting follows a prepared agenda.
5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the President of the Board for additional information or questions.
6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
7. Members of the Board, Board committee members, and the Board staff shall be recognized by the President.
8. Only one person will speak at a time.
9. Members of the Board will speak in an orderly fashion and refrain from conversation when another member is speaking.
10. Guests/visitors will be recognized only at the discretion of the President.
11. Persons in attendance at meetings are respectfully requested to refrain from talking or making noises while the meeting is in progress.
12. Anyone disrupting the meeting will be asked to leave.
13. Meetings will be adjourned as scheduled or upon completion of business, or; continued only upon the consensus of the membership of the group.
14. The President may establish and announce additional guidelines for the meeting subject to the agreement of the other Board members.
15. The President is responsible for the conduct of the meeting and will enforce the rules of conduct.

## THE CONDUCT OF COMMITTEE MEETINGS

1. Kansas State Board of Nursing Committee meetings are open to the public.
2. Executive sessions and the Investigative Committee meetings are closed to the public.
3. The Committee Chair will call for the Executive Session citing a specific purpose, length of time and who is included.
4. The Committee meeting follows a prepared agenda.
5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the committee chair for additional information or questions.
6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
7. Members of the Committee, Board members, and the Board staff shall be recognized by the Committee Chair.
8. Only one person will speak at a time.
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14. The Committee Chair may establish and announce additional guidelines for the meeting subject to the agreement of the other Committee members.
15. The Committee Chair is responsible for the conduct of the meeting and will enforce the rules of conduct.





**What is KNAP?**

KNAP is a professional assistance program designed to assist all nurses and mental health technicians who have a problem or illness that has or could impair their ability to practice safely.

**The Goal of KNAP**

Mental and physical illness, including alcohol and other drug addiction, can potentially impair practice and health. We estimate that at any given time, approximately 10% of the population is affected. This same percentage is thought to be true of healthcare professionals.

Alcohol and other drug addiction, as well as mental and physical illnesses, are treatable. KNAP works with the program participants to obtain an evaluation, treatment (if indicated), and monitoring throughout the recovery process.

**Referrals**

Self-referrals to the program are encouraged, but referrals may be made by a family member, a friend, employer or anyone concerned about the nurse/LMHT.

Anonymous referrals are not accepted. A person may call for information or advice without giving their name, however. Referrals may be made by calling 913-236-7575.

**KNAP Providers**

- Confidential services to Kansas RNs, LPNs, and LMHTs experiencing problems and illnesses which could lead to impaired practice.
- Interventions, assessments, referrals for evaluation and treatment (if indicated.)
- On-going monitoring through random urine drug screens, contact with employers and monthly groups.

**Causes for Concern**

**Job Function**

- Narcotics discrepancies, e.g.: incorrect counts, alteration of narcotic containers, increased patient reports of ineffective pain control, discrepancies on records or frequent corrections of records, unusual amounts of narcotics wasted, significant variations in the quantity of narcotics ordered for technician's unit or shift.

- Fluctuations in the quality of work performance.
- Irresponsible behavior from someone previously conscientious and responsible.
- Requests to work shifts that are the least supervised.
- Inordinate interest in patients' pain control medications.

**Behavior**

- Increasing isolation from colleagues, friends and family and avoiding social activities.
- Complaints from others about work performance or alcohol or drug use.
- Mood swings, irritability or depression, or suicide threats or attempts, perhaps caused by accidental overdose.

**Physical Symptoms**

- Obvious intoxication such as swaying, staggering or slurred speech.
- Odor of alcohol on breath or the excessive use of breath-fresheners or perfume to disguise the odor of alcohol.

KNAP is supported by funds from the Board of Nursing and, in small part, by fees charged to the participants.

For further information  
 The Kansas Nurses  
 Assistance Program  
 Cloverleaf Complex Bldg #3  
 6405 Metcalf, Suite 502  
 Overland Park, Ks 66202  
 (913)236-7575

[john@hapn.org](mailto:john@hapn.org) – John Childers, LMSW  
 Executive Director

[regena@hapn.org](mailto:regena@hapn.org) – Regena M. Walters, RN  
 Program Manager

[admassist@hapn.org](mailto:admassist@hapn.org) – Selina Snook  
 Program Assistant

[betty@hapn.org](mailto:betty@hapn.org) – Betty Childers  
 Office Manager

**ADDRESS CHANGE**

You can use your user ID and password to change your address on-line OR send us the change of address in writing. Please submit within 30 days of address change. You may mail your address change to Kansas State Board of Nursing; 900 SW Jackson St, Ste 1051; Topeka, KS 66612-1230. The Address Change form is available at [www.ksbn.org/forms](http://www.ksbn.org/forms).

If you do not have access to a computer please include the following information in your written request:

First and Last Name  
 (please print complete names)

Kansas Nursing License Number(s)

Social Security Number \_\_\_\_\_

Old Address and New Address  
 (complete Street Address with Apt #, City, State, and Zip)

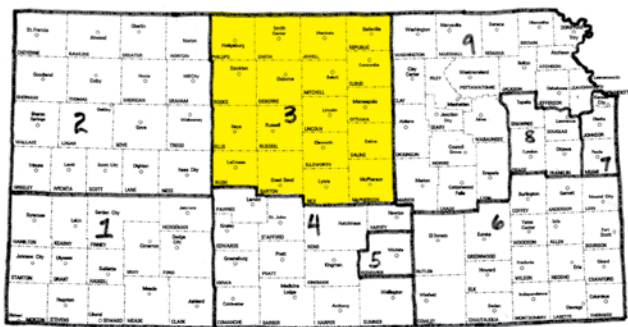
Home phone number and Work Phone number

Date the New Address is in Effect

Sign and date your request

We are unable to accept your request to change your address from information delivered over the phone or via an email. All requests must be received in writing and include a signature.

# CONTINUING NURSING EDUCATION OFFERINGS



## REGION III

**April 7, 2014, 9:00 am - 5:00 pm, Belleville, KS**  
**Solving Conflict Resolution in the Busy Workplace.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee

Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: John Mulvaney, MA. Aud: RN, LPN. Coping strategies will be identified and discussed for dealing with the many personalities in the workplace and how this affects organizational goals. Discuss how different personalities can have a positive as well as a negative impact on the work environment. Recognize and define different personality types frequently found in the workplace. Develop your own action plan for dealing with conflict resolution. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: April 4, 2014. Contact Hours: 8.

**April 15, 2014, 9:00 am - 5:00 pm, Salina, KS**

**Nursing: The Power Profession!** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. This program will explore the belief that if the individual nurse understands power and the ways to achieve power, his/her individual power will translate into greater power for the nurse, nursing departments/organizations and the nursing profession as a whole which will ultimately improve patient outcomes. This workshop will clarify what power means and how to develop behaviors that enhance their personal power and its use in his/her practice. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: April 10, 2014. Contact Hours: 8.

**May 2, 2014, 9:00 am - 5:00 pm, Salina, KS**

**Let Food be Thy Medicine and Medicine Thy Food.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia,

KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Christy Rogers, RDT. Aud: RN, LPN. Hippocrates said it so simply in 431 B.C. and his comment still holds true today. Many foods have properties that can benefit our health. This workshop will explore foods and patterns of eating that impact wellness and reduce risk of chronic disease. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: April 29, 2014. Contact Hours: 8.

**May 29, 2014, 9:00 am - 5:00 pm, Salina, KS**

**Early Diagnosis and Treatment Protocol for Acute Ischemic Stroke.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Wendy Dusenbury, DNP, APRN-BC, ANVP-BC, Rhonda Young, MSN, APRN-C, ANVP-BC. Aud: RN, LPN. This workshop will identify patients at risk and steps the clinician may take to promote primary prevention. Early identification of stroke is key to prompt intervention. Participants will learn how to quickly identify patients with stroke symptoms and what emergent steps need to be taken, based on available community resources. Early diagnosis and prompt treatment will impact survival and enhance quality of life. Various stroke assessment tools will be discussed. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: May 23, 2014. Contact Hours: 8.

**June 5, 2014, 9:00 am - 5:00 pm, Salina, KS**

**Nursing Assessment: The Basis for Nursing Judgment.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. Nursing judgment is the key to the nurse's ability to provide quality healthcare to his/her clients. The foundation of that judgment is the nurse's ability to perform a thorough and timely assessment, whether in the community or acute care setting. This course is an opportunity to develop and integrate physical assessment skills with clinical nursing judgment. The focus of this class will be the assessment of the adult client. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: June 2, 2014. Contact Hours: 8.

**June 19, 2014, 9:00 am - 5:00 pm, Salina, KS**

**Keeping Safe: What You Need to Know in the 21st Century on Infection Control.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health,

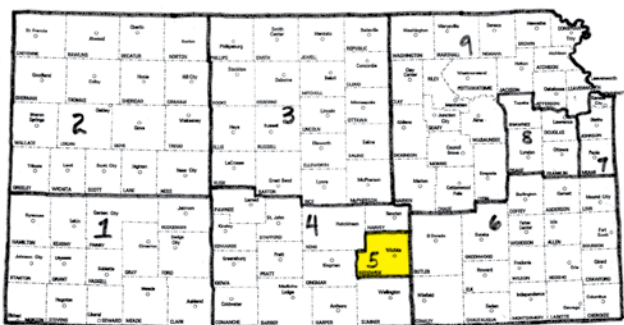
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# CONTINUING NURSING EDUCATION OFFERINGS

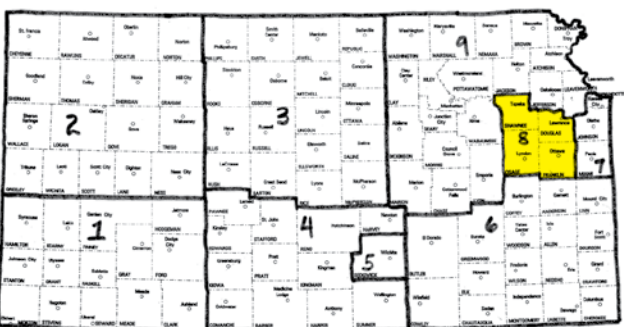
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785-243-1435 or 1-800-729-5101 ext. 370. Fac: Dr. Linda King, RN. Aud: RN, LPN. Infection Control in the healthcare setting is becoming increasingly more important due to the new reimbursement regulations instituted by CMS. Plus, now more than ever, tools to keep the provider safe are needed too. This seminar will explore these topics and more. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: June 16, 2014. Contact Hours: 8.



## REGION V

**April 1, 2014, 8:00 am - 3:30 pm, Wichita, KS**  
**Simple Solutions for Resolving Conflicts.** Spon: Dorothy & Associates, Inc., PO Box A, Cottonwood Falls, KS 66845, [www.DorothyAndAssociates.com](http://www.DorothyAndAssociates.com). Contact: Dorothy Yeager, MS, CFCS, 1-620-273-8486 or 1-888-836-7684. Aud: RN, LPN. Conflict is an inevitable part of life. It also is an opportunity to learn, correct existing problems, and prevent unnecessary future conflicts. Join us to develop your own roadmap to resolve conflicts peacefully. For more information go to [www.DorothyAndAssociates.com](http://www.DorothyAndAssociates.com). Fee: \$99.00. Reg. by: March 31, 2014. Contact Hours: 7.



## REGION VIII

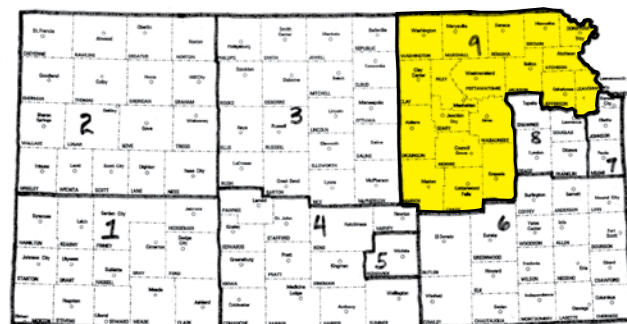
**April 4, 2014, 8:00 am - 3:30 pm, Topeka, KS**  
**Simple Solutions for Resolving Conflicts.** Spon: Dorothy & Associates, Inc., PO Box A, Cottonwood Falls, KS 66845, [www.DorothyAndAssociates.com](http://www.DorothyAndAssociates.com). Contact: Dorothy Yeager, MS, CFCS, 1-620-273-8486 or 1-888-836-7684. Aud: RN, LPN. Conflict is an inevitable part of life. It also is an opportunity to learn, correct existing problems, and prevent unnecessary future conflicts. Join us to develop your own roadmap to resolve conflicts peacefully. For more information go to [www.DorothyAndAssociates.com](http://www.DorothyAndAssociates.com). Fee: \$99.00. Reg. by: April 3, 2014. Contact Hours: 7.

**April 5 & 6, 2014, 9:00 am - 7:00 pm both days, Baldwin City, KS**

**Healing Touch Level One.** Spon: The Light Center, 1542 Woodson Rd, Baldwin City KS 66006. Contact: Robin Goff, 785-255-4583. Fac: Robin Goff, BSN, MAV, CHTP/CHTI. Aud: RN, LPN. A comprehensive program of study of energy healing with a wide array of hands-on techniques that are applicable in all nursing settings. Fee: \$275.00. Reg. by: Online PayPal [www.lightcenter.com](http://www.lightcenter.com) or \$75 deposit by April 2, 2014. Contact Hours: 18.

**June 10, 2014, 8:30 am - 4:30 pm, Evangel United Methodist Church Family Life Center, Holton, KS**

**Dying is So Simple: Why Do We Make It So Hard?** Spon: Jackson County Caring Community Council, 1110 Columbine Dr., Holton, KS 66436. Contact: Esther L. Ideker, RN, BSN, 785-364-2116 Ext. 4216. Fac: Barbara Karnes, RN. Aud: RN, LPN, LMHT, Social Workers. This presentation by an award-winning Hospice nurse is intended to neutralize some of the fear of death through understanding and offering a different perspective on dying, death, and grief. St. Francis Health Center is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. This course offering is approved for contact hours applicable for RN, LPN, or LMHT relicensure. Kansas State Board of Nursing provider number: No. LT0061-0138. Fee: \$45.00 early bird, \$55.00 after May 16, final registration deadline June 2, 2014. Reg. by: May 16, 2014. Contact Hours: 7.6.



## REGION IX

**April 28, 2014, 9:00 am - 5:00 pm, Clay Center, KS**  
**Communicating/Dealing with People and Technology in our Rapidly Changing Workplace.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: John Mulvaney, MA. Aud: RN, LPN. This workshop is designed for

anyone working in healthcare to better understand the process of quality workplace communication for the ultimate benefit of the patient, resident, client and customer. Strategies for communicating effectively with individuals who are unwilling to work toward team goals will be discussed. Successful strategies to manage job-related stressors from trying to use the rapidly changing technology which drain people of job productivity will be identified. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: April 25, 2014. Contact Hours: 8.

**May 5, 2014, 9:00 am - 5:00 pm, Marysville, KS**  
**Diabetes Management: Changes and Choices.**

Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Winifred Schaedel, RN, MSN, ARNP, BC-ADM, CDE. Aud: RN, LPN. Diabetes has been around for centuries. However, during the last decade, people with diabetes, their families and healthcare providers have many encouraging and successful management tools. Some of these innovative approaches in diabetes care include nutritional choices as carbohydrate counting and insulin to carbohydrate ratios, new oral medication choices and new insulin types, plus insulin administration devices as insulin pens and insulin pump, and advanced glucose monitoring system. Emphasis is being placed on identifying pre-diabetes risk factors and preventing the onset of diabetes among our nation's youth. Encouraging patients to competently self manage their diabetes is a change and a challenge for the entire health care team. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: May 1, 2014. Contact Hours: 8.

**May 19, 2014, 9:00 am - 5:00 pm, Abilene, KS**

**Managing Stress in the Workplace and at Home in Difficult Times.** Spon: Cloud County Community College, 2221 Campus Drive, P.O. Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Beth

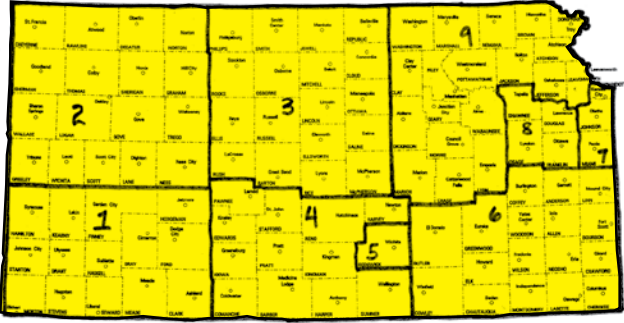
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# CONTINUING NURSING EDUCATION OFFERINGS

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Whisler, MA. Aud: RN, LPN. Attending this workshop will enable people to examine the various causes of anxiety. Some of these stressors can include dealing with the impact of current health care issues, facing economic stress, and feeling the effects of stress that spills over into their lives at home. We discuss the causes, coping mechanisms, and resources that can make a positive impact. Fee: \$86.00 Adv., \$106.00 at door. Reg. by: May 16, 2014. Contact Hours: 8.

## STATEWIDE



**April 9, 2014, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect**

**Aging and Intellectual and Developmental Disabilities, a Research to Practice Framework.** Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Carl F. Calkins, PhD and Laura Jackson, MPA. Aud: RNs and LPNs who work with

geriatric patients. The presenters will explore the concept of the social ecological framework and how it pertains to person-environment fit, articulate an understanding of current best practices in living environments (such as aging in place when possible) for older individuals with I/DD and their families, and discuss current challenges facing the aging population of family caregivers and their adult children with I/DD. Fee: \$25.00. Deadline: 12 pm Friday, April 4, 2014. Contact Hours: 2.

**April 19, 2014, 8:00 am-12:00 noon and 1:00-5:00 pm sessions, Hilton Doubletree Hotel, 10100 College Blvd, Overland Park, KS**

**Healthcare Provider Safety-Why we need to practice safe patient handling and how to implement it.** Spon: Atkin PT and Ergonomics, 11449 Mastin St., Overland Park, KS 66210. Contact: Dr. Rick Atkin, PT, 913-207-9742. Fac: n/a. Aud: All. This course is an interactive discussion and hands on demonstration on the tools we need to keep us as healthcare providers safe-don't miss it! Fee: \$90.00. Reg. by: April 19, 2014. Contact Hours: 4.4.

**April 23, 2014, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect**

**Managing the Depression of Neurodegenerative Diseases: Parkinson's, Huntington's, Alzheimer's and Stroke.** Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: James Slaughter, MD. Aud: RNs and LPNs who work with geriatric patients. Dr. Slaughter will identify treatment resistant depression in older adults, discuss best practice approaches to pharmacological interventions, and explore ways to incorporate complementary approaches into treatment

programs. Fee: \$25.00. Deadline: 12 pm Friday, April 18, 2014. Contact Hours: 2.

**April 24 & 25, 2014, 8:00 am-4:30 pm daily, Wichita, KS 32nd Annual Gore Farha Critical Care Nursing Symposium.**

Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Linda Long, 316-962-3080. Aud: RN, LPN, MICT. Content includes: Biomechanics of Trauma, Future of Nursing in a Changing Health System, Acute Spinal Cord Injury, Transcatheter Aortic Valve Replacement, Rules for a Healthy Self Prescription, A Systematic Diagnostic Approach to Deal with Change, Bomb Blast Disaster Response and other topics designed to develop and enhance care of the patient in the critical care unit. Fee: Call for brochure. Deadline: Early registration ends April 14, 2014. Contact Hours: 7.5 per day.

**May 7, 2014, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect**

**Oral Health: An Important Aspect of Care for Older Adults.** Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Susan Hemberger, RDH, ECP and Glenn V. Hemberger, DDS, MS. Aud: RNs and LPNs who work with geriatric patients. The presenters will describe the assessment of oral health of older adults, list common signs of periodontal and other oral conditions, review important aspects of a daily oral hygiene routine, explore ways to prevent poor oral health from affecting nutrition, and discuss implications of key findings on oral health on Kansans living in chronic care facilities. Fee: \$25.00. Deadline: 12 pm Friday, May 2, 2014. Contact Hours: 2.

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# CONTINUING NURSING EDUCATION OFFERINGS

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May 8 & 9, 2014, 8:00 am-4:30 pm, Wichita, KS

**Medical/Surgical Certification Review Course.** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Linda Long, 316-962-3080. Fac: Academy of Medical/Surgical Nursing Faculty. Aud: RN. This two-day course is designed for nurses preparing to take the Certified Medical-Surgical Registered Nurse (CMSRN®) exam. Fee: \$125.00. Deadline: May 1, 2014. Contact Hours: 14.

May 20, 2014, 8:00 am-5:00 pm Central, Kansas City, KS and participating ITV sites

**Delivering Excellent Palliative Care: The End-of-Life Nursing Education Consortium (ELNEC) Program.** Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd., MS 1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Maria Fox, MS, APRN-CNS; Karin Porter-Williamson, MD. Aud: RNs and LPNs who work with geriatric patients. This is a comprehensive one-day educational program for RNs and allied health professionals wishing to gain knowledge and resources to care for patients at end-of-life. Fee: \$60.00. Deadline: May 15, 2014. Contact Hours: 7.75.

May 24, 2014, 8:00 am-3:00 pm, Via Christi Hospital on St. Francis Street, Wichita, KS

**Spanish Today for Medical Professionals.** Spon: Spanish Horizons, 1855 S. Rock Road, Ste 129, Wichita, KS 67207. Contact: Vendla Ulrich, 316-932-2361. Aud: RN, LPN, LMHT, APRN. Spanish Today for Medical Professionals provides basic Medical Spanish skills to help better communicate with Spanish-speaking patients; you will learn basic and medical Spanish. Registration includes an extensive Spanish Today manual, a handy pocket guide, and an interactive CDROM. No prior Spanish knowledge is needed. Fee: \$145.00. Deadline: May 21, 2014. Contact Hours: 6.8.

June 4, 2014, 7:30 am-4:30 pm, Wichita, KS

**The S.T.A.B.L.E. Program.** Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Kelly Lee, RN, 316-962-8556. Fac: Kelly Lee, RN. Aud: RN, LPN. Provides important information about neonatal stabilization for maternal/infant healthcare providers in all settings. Fee: \$70.00. Deadline: n/a. Contact Hours: 8.

June 4, 2014, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect

**Pharmacologic Management of Depression, Dementia, and Delirium in Elderly Patients.** Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Brandon Thomas, Pharm.D., and Melanie Smith, PharmD. Aud: RNs and LPNs who work with geriatric patients. The presenters will describe the distinguishing characteristics and medications used in the treatment of depression, mood disorder and dementia; distinguish between appropriate and inappropriate medications used in the treatment of older adult patients; explore the risks and benefits associated with pharmacologic management; and discuss the urgency of differentiating delirium from other conditions that result in behavioral disorders and the necessity of acute pharmacologic management of delirium. Fee: \$25.00. Deadline: 12 pm Friday, May 30, 2014. Contact Hours: 2.

June 25, 2014, 4:00-6:00 pm CDT, Live in Kansas City; by ITV in locations around KS, and Adobe Connect

**Assessment for Function and Comfort: Seating and Positioning Choices for the LTC/Skilled Patient.** Spon: Central Plains Geriatric Education Center at the University of Kansas Medical Center, 3901 Rainbow Blvd, MS1005, Kansas City, KS 66160. Contact: Nicole Palmer, 913-588-1464. Fac: Patric Middendorf, MBA, MSPT. Aud: RNs and LPNs who work with geriatric patients. The speaker will detail the importance of a proper wheelchair positioning program in the skilled nursing setting from the residents, therapists and state perspective, and discuss the wheelchair assessment process and common positioning issues in long term care and provide solutions using a variety of different methods. Fee: \$25.00. Deadline: 12 pm Friday, June 20, 2014. Contact Hours: 2.

August 19, 20, 21, September 3 & 4, 2014, 8:00 am-5:00 pm Merriam, KS

**Pediatric Sexual Assault Nurse Examiner (SANE) Training.** Spon: Shawnee Mission Medical Center-FACT Program, 9100 W. 74th Street, Shawnee Mission, KS 66204. Contact: Jennifer Johnson, APRN, CFN, SANE-A, SANE-P, 913-676-7500. Fac: Jennifer Johnson, APRN, CFN, SANE-A, SANE-P. Aud: Registered Nurses, Nurse Practitioners. Prerequisite of the Adult and Adolescent SANE training. Didactic education required to practice as a SANE nurse. Fee: \$300.00. Contact Hours: 43.

## HOME STUDY



**Weight Management Strategies: A Holistic Approach.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact:

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# CONTINUING NURSING EDUCATION OFFERINGS

## Statewide continued from page 17

Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Sue Popkess-Vawter, PhD. Aud: All levels of nursing. You will learn new strategies for making lifestyle changes that promote healthy weight by developing a daily plan using the cognitive restructuring strategies, Eat for Hunger, Exercise for Life and Esteem for Self. Fee: \$70.00. Contact Hours: 7.5.

**Grief a Living Experience: The Multiple Responses to Loss.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Jody Gyulay, PhD, LCSW, RN. Aud: All levels of nursing. You will look at the usual grief process and identify the multiple responses to grief that affect the patient and the caregivers. Fee: \$35.00. Contact Hours: 3.0.

**The Time of Your Life.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. Time is our most precious resource, this course will provide strategies needed to manage your time effectively and wisely. This course is available on-line or by text book. Fee: \$40.00. Contact Hours: 3.6.

**The Truth About Antacids.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Lisa Everett, RPh. Aud: All levels of nursing. Learn the truth about one of the most common complaints, acid reflux or GERD, and what is the correct course of action to get permanent relief. Fee: \$15.00. Contact Hours: 1.0.

**Assertiveness: New Perspectives.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. The course will provide strategies needed to assertively manage challenging communication issues with patients, physicians and other members of the health care treatment team. Fee: \$40.00. Contact Hours: 3.3.

**Patient Compliance: A New Look.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. The course will provide information needed to help prevent and also

manage non-compliant patient behaviors. Fee: \$65.00. Contact Hours: 5.4.

**Conflict Management: Skills for Uncertain Times.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide usable skills needed to manage conflict with patients, physicians and allied health professionals that you deal with daily. Fee: \$55.00. Contact Hours: 5.5.

**Living the Dying Process: A Guide for Caregivers.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Jody Gyulay, PhD, LCSW, RN. Aud: All levels of nursing. You will see the dying process as a complex journey for both the patient and the family, you will learn ways to allay their fears and confusion and bring calm to the dying patient and family. Fee: \$70.00. Contact Hours: 7.5.

**The Holistic Art of Self-Health.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Carol LaRue, OTR/L. Aud: All levels of nursing. This unique course will help you expand personally and professionally, you will increase your knowledge and awareness of the imbalances of illness and disease while learning practical applications, and activities to nurture the seven dimensions of well being and recognize the connection between mind, body and spirit. This course is available on-line or by text book. Fee: \$65.00. Contact Hours: 6.0.

**Superachievers and Coping Strategies.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to manage professional responsibilities without suffering the debilitating effects of perfectionism. Fee: \$35.00. Contact Hours: 2.4.

**Tick-Borne Diseases in the United States.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at [www.healthcare-pce.com](http://www.healthcare-pce.com), 913-341-5627. Fac: Christine Kerns, BA, RN. The incidence of Tick-Borne Disease has skyrocketed, learn the reasons for this increase and the identifying signs and symptoms and treatment approaches. Fee: \$25.00. Contact Hours: 2.0.