

Quarterly publication direct mailed to approximately 60,000 RNs, LPNs and Licensed Mental Health Technicians in Kansas.

The Official Publication of the Kansas State Board of Nursing • www.ksbn.org Landon State Office Building, 900 SW Jackson, Ste. 1051, Topeka, KS 66612-1230

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## House Bill 2064 Clarifies Professional Liability Insurance Requirements for NMWs and RNAs

Among  $\mathbf{the}$ numerous insurance law amendments contained in HB2064 there is a section that clarifies definitions contained in the Health Care Provider Insurance Availability Act. Specifically, subsection (f) of K.S.A. 2014 Supplement 40-3401 is changed to clarify who is not required to purchase professional liability insurance and participate in the Health Care Stabilization Fund. You may recall that generally, advance practice nurses who are licensed to practice as nurse anesthetists or as nurse midwives are defined as health care providers in the Health Care Provider Insurance Availability Act and therefore, they are required to purchase professional liability insurance with limits covering at least \$200,000 per claim. They are also required to pay a premium surcharge for HCSF coverage in excess of \$200,000 per claim.

The exceptions from the normal professional liability insurance requirements are clarified in section seven of HB2064 to exempt any nurse anesthetist or nurse midwife who: (1) has an exempt license issued by the State Board of Nursing, (2) works exclusively for the federal government as an employee of a federal agency or on active duty military service, or (3) provides professional services as a charitable health care provider under an agreement with the Secretary

of the Kansas Department of Health and

- (2) Has been licensed in Kansas for the five years previous to applying for an exempt license; or has been licensed, authorized, or certified in another jurisdiction for the five years previous to applying for an exempt license and meets all requirements for endorsement into Kansas.
- (3) The expiration date of the exempt license shall be in accordance with K.A. R. 60-3-108.
- (4) Each application for renewal of an exempt license shall be submitted upon a form furnished by the board and shall be accompanied by the fee in accordance with K.A.R. 60-11-119.
- (5) If you are a registered nurse anesthetist (RNA) or nurse midwife (MW) that is not currently practicing in the state of Kansas, have received a letter from the Health Care Stabilization Fund regarding the need for professional liability insurance, meet the requirements for exempt license, and are wanting to place your RNA or MW license into an exempt status please follow the below starp

Pursuant to K.A.R. 60-11-121 an exempt license shall be granted only to an advanced practice nurse (NP, CNS, RNA or NMW) who meets these requirements:

Environment.

PAID

Permit #14

Princeton, MN

55371

current resident or

(1) <u>Is not regularly engaged as an advanced practice registered nurse</u> (NP, CNS, RNA or NMW) in Kansas, but volunteers advanced practice registered nurse or is a charitable health care provider, as defined by K.S.A. 75-6102 and amendments thereto: and

step.

1. Go to www.ksbn.org and click on "forms"

2. Print a "License Renewal Application"

Complete all three (3) pages of the license renewal application and submit to the Kansas Board of Nursing along with the exempt renewal fee of \$50 (check or money order).



u www.ksbn.org

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# **KSBN COMMITTEE REPORTS**

## March 2015 APRN Committee

The APRN Committee met March 24, 2015 and was called to order by Carol Bragdon, PhD, APRN, Chair at 1:30 pm in Room 509 of the Landon State Office Building. The minutes from December 9, 2014 were approved.

It was moved to approve the following out of state schools and their courses:

- Clarkson College Registered Nurse Anesthetist
- University of Texas at Arlington Pediatric Nurse Practitioner
- University of Michigan at Flint Registered Nurse Anesthetist

Cathy Gordon discussed HB 2280. Rhonda Eagleson requested the APRN Inactive Licensure be brought forward to the Board agenda for discussion tomorrow.

The meeting was adjourned at 2:09 pm.

## March CNE Committee

The March CNE Committee was called to order March 24, 2015 at 8:30 a.m. in room 560 of the Landon State Office Building in Topeka by R. Nioce, Vice Chair. The agenda was amended to reflect the date of the meeting being March 24, 2015. The minutes from the December 2014 meeting were approved with corrections.

M. Kidwell reported that the list of IOA's denied in January and February, 2015 was included in the packet. The Summary of denied IOA's was reviewed without further discussion.

M. Kidwell reported updating the IOA form to include a reference page describing the guidelines for submitting and writing learning objectives. It was moved to accept the additions to the IOA form to include the guidelines for submitting and writing measurable learning objectives.

The following long term provider applications were approved pending submission of missing documents:

- Susan B. Allen Memorial Hospital
- LifeNet of the Heartland

The following long term provider application was approved as submitted:

• Prairie View, Inc.

CNE certificate was reviewed. Committee decision was for M. Kidwell to send a letter of recommendation to the provider asking that they reevaluate the content on their CNE certificates, educate their nurses on how to complete the certificates, and educate their nurses on what is required by KSBN to be on the certificate in order to receive CNE credit.

M. Kidwell reported that K.A.R. 60-9-105 needs clarification regarding the requirements of a CNE transcript as acceptable proof of CNE contact hours. It was moved for staff to draft sample regulations to include a description of an acceptable transcript which will mirror 60-9-106(a) (1), with an addition of adding the licensee's name as a requirement.

The meeting was adjourned at 9:20 a.m.

# **KSBN COMMITTEE REPORTS**

## **March 2015 Education Committee**

The Education Committee met March 24, 2015 and was called to order by Brenda Moffitt, APRN, CNS-BC, Chair at 8:30 a.m. in Room 509 of the Landon State Office Building. The minutes from December 9, 2014 were approved. Carol Moreland, MSN, RN presented her Education Specialist report.

The site visit report from National American University's BSN Program at Wichita was reviewed. It was moved to accept the site visit report for National American University's BSN program at the Wichita campus with recommendation and to reapprove the program for a period of time consistent with CCNE accreditation.

The site visit report from Wright Career College's ADN Program in Overland Park was reviewed. It was moved to accept the site visit report for Wright Career College's ADN Program in Overland Park with recommendations and to approve the program for a period of five years.

The site visit report from Hesston College's BSN program was reviewed. It was moved to accept the site visit report for Hesston College's BSN Program to start fall 2015 to admit a total of 56 students annually in the fall. These 56 students would be comprised of students in both the ADN program and the BSN program. A site visit for the BSN program will occur at the time of the first graduation.

The following schools/councils presented major curriculum changes:

- Dodge City Community College ADN program
- Hesston College ADN program
- Colby Community College PN & ADN programs
- Kansas Council of Associate Degree Nurse Educators

Carol Moreland discussed 2014 NCLEX RN & PN first time pass rates. The PN Kansas pass rate was 90.39% and the PN national pass rate was 82.16%. The RN Kansas pass rate (both ADN & BSN combined) was 80.46% and the national pass rate was 81.78%.

Eleven petitions for permission to test/retest were reviewed and action taken.

The meeting was adjourned at 9:41 am.

## **Practice Committee**

The Practice Committee met on June 16, 2015. The new resource diagram created by KNEP will be reviewed by the Board. Changes are being handled by Brenda Moffitt. It will be linked on the KSBN web page. The five year legislative review included review of KAR 60-3-101 and KAR 60-3-102. Suggested changes will be taken to the Board. The committee discussed delegation of administration of nourishment via NG tube. The committee looked at the school nurse regulations and directed staff to send a letter clarifying that his would be disallowed under the current law. Rex Patty gave an update on the IV therapy task force. Further discussion focused on the clinical portion of the IV therapy courses and on approval of the courses for CNE and endorsements through the Individual Offering Approval Process (IOA).

# **KSBN COMMITTEE REPORTS**

## Investigative Committee

The Investigative Committee met on Monday and Tuesday June 15 and 16, 2015. Review and discussion of the LMHT language changes were finalized and will go forward to the Board for voting and potential addition to the 2016 legislative package. The 5 year legislative review process continues. At this meeting KAR 60-3-110 and KAR 60-7-106 were reviewed. After the regular meeting the Committee adjourned to perform their quasi-judicial function in reviewing cases. Following the review was their meeting under the Kansas Administrative Procedures Act.

## **March Finance Committee**

The March Finance Committee was called to order March 25, 2015 at 8:30 a.m. in room 560 of the Landon State Office Building in Topeka by Bernard Becker, Chair. M. Blubaugh introduced Jennifer Ouellette the agencies new budget analyst. Disciplinary hearing fees were added to the agenda under new business. The minutes of the December 10, 2014 Finance Committee were approved as written.

KSBN had only 35 KORA request and there has been no issue with the electronic processing.

Discussion was held on the current cost of discipline hearings. It was voted by the committee to raise the cost for disciplinary hearings from \$70.00 to \$100.00.

M. Blubaugh discussed the FY16 and FY17 budget and reported that the amount that KSBN transfers to the state general fund will remain at

10%. It had been recommended by the Governor to return the transfer back to 20%. There has not been a decision from the Supreme Court on the lawsuit about sweeping funds. She also reported that the agency is under budget and very few funds have been spent out of capital outlay. Discussion was held on IT needs of the agency. The committee voted to authorize expenditures of capital outlay funds to expand virtual data storage not to exceed \$25,000. It was also moved to authorize purchase of a scanner, related equipment, and licenses to be placed in the legal department from capital outlay funds not to exceed \$15,000. The committee moved to authorize purchase of 21 IPads, related equipment, and licenses not to exceed \$22,000 and to migrate the KSBN.org platform to a content management platform not to exceed \$30,000.

The meeting adjourned at 9:05 A.M

## THE CONDUCT OF BOARD MEETINGS



- 1. Kansas State Board of Nursing meetings are open to the public.
- 2. Executive sessions and the Investigative Committee meetings are closed to the public.
- 3. The President will call for the Executive Session citing a specific purpose, length of time and who is included.
- 4. The Board meeting follows a prepared agenda.
- 5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the President of the Board for additional information or questions.
- 6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
- 7. Members of the Board, Board committee members, and the Board staff shall be recognized by the President.
- 8. Only one person will speak at a time.
- 9. Members of the Board will speak in an orderly fashion and refrain from conversation when another member is speaking.
- 10. Guests/visitors will be recognized only at the discretion of the President.
- 11. Persons in attendance at meetings are respectfully requested to refrain from talking or making noises while the meeting is in progress.
- 12. Anyone disrupting the meeting will be asked to leave.
- 13. Meetings will be adjourned as scheduled or upon completion of business, or; continued only upon the consensus of the membership of the group.
- 14. The President may establish and announce additional guidelines for the meeting subject to the agreement of the other Board members.
- 15. The President is responsible for the conduct of the meeting and will enforce the rules of conduct.

### THE CONDUCT OF COMMITTEE MEETINGS

- 1. Kansas State Board of Nursing Committee meetings are open to the public.
- 2. Executive sessions and the Investigative Committee meetings are closed to the public.
- 3. The Committee Chair will call for the Executive Session citing a specific purpose, length of time and who is included.
- 4. The Committee meeting follows a prepared agenda.
- 5. Visitors and/or guests do not actively participate in the formal meeting but may be recognized by the committee chair for additional information or questions.
- 6. Whenever possible, all meetings will be called to order on time and will follow the prepared agenda.
- 7. Members of the Committee, Board members, and the Board staff shall be recognized by the Committee Chair.
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- 14. The Committee Chair may establish and announce additional guidelines for the meeting subject to the agreement of the other Committee members.
- 15. The Committee Chair is responsible for the conduct of the meeting and will enforce the rules of conduct.

## **Nursing License Renewal Schedule**

If your license expires on: (Please refer to the Check Status of Expiration to verify your expiration date.)	You should receive your yellow renewal notice postcard by:	Your properly completed renewal application should be in the Board office by:			
September 30, 2015	July 15, 2015	August 15, 2015			
October 31, 2015	August 15, 2015	September 15, 2015			
November 30, 2015	September 15, 2015	October 15, 2015			
December 31, 2015	October 15, 2015	November 15, 2015			
January 31, 2016	November 15, 2015	December 15, 2015			
February 29, 2016	December 15, 2015	January 15, 2016			

## **ADDRESS CHANGE**

You can use your user ID and password to change your address on-line OR send us the change of address in writing. Please submit within 30 days of address change. You may mail your address change to Kansas State Board of Nursing; 900 SW Jackson St, Ste 1051; Topeka, KS 66612-1230. The Address Change form is available at www.ksbn.org/forms.

If you do not have access to a computer please include the following information in your written request:

First and Last Name (please print complete names)

Kansas Nursing License Number(s)	
Social Security Number	— i
Old Address and New Address (complete Street Address with Apt #, City, State, and Zip	)
Home phone number and Work Phone number	
Date the New Address is in Effect	
Sign and date your request	
We are unable to accept your request to change you address from information delivered over the phone or via an email. All requests must be received in writing and include a signature.	a

## **Unlicensed Practice**

The following individuals were fined for unlicensed practice for practicing for six (6) calendar months or more in Kansas without a license, or had a second or subsequent unlicensed practice.

Heather Jantz Gridley, KS 66852 23-28123-091 16 months/\$800

Michala Gibson **Overland Park**, KS 66213 13-81037-082 10 months/\$500

Paula Raaf Peck. KS 67120 13-57282-111 17 months/\$850

## False/Inaccurate Information

The following individuals were fined for providing false/inaccurate information in the KSBN renewal licensing process a second or subsequent time and were fined \$200.00

Lacy Holbert #23-42960-031 Concordia, KS 66901 **Monica Morales** 13-80145-051 Valley Center, KS 67147

Angela McDaniel

#13-116805-041 Coffeyville, KS 67337

Christy Bowman 13-118862-041 Goddard, KS 67052

Jill Thornton 23-35387-051 Hiawatha, KS 66434

### WALL CERTIFICATES

Wall Certificates suitable for framing are available through the Kansas State Board of Nursing. Certificates are available to those RNs/LPNs/LMHTs/NPs/CNSs/NMWs/ RNAs who hold a permanent Kansas license. To obtain a certificate, please complete the following form.

Name:

Address:

City:\_\_\_

State: Zip Code:

Certificate of Qualification (License) Number: \_

Original Date of Issue:

Each certificate is \$10.00.

Please submit order form to: Kansas State Board of Nursing Landon State Office Building 900 SW Jackson, Suite 1051 Topeka, KS 66612-1230 -----

## **BOARD MEETING SCHEDULE**

### 2015 - 2016 Board Meeting September 15 & 16 • December 8 & 9 March 29 & 30 (2016) 02

KANSAS	ail Addresses	How to Contact Us 785-296-4929					
Judith Hiner, RN, BSN 07-01-09 – 06-30-17	judith.hiner@ksbn.state.ks.us	ADMIN	ISTRATION	785-296-5752			
Rebecca Nioce Public Member	rebecca.nioce@ksbn.state.ks.us	Mary Blubau Executive Ac	ıgh, MSN, RN 1ministrator	mary.blubaugh@ksbn.state.ks.us	785-296-575		
03-21-11 – 06-30-18		Inge Reed Administrati	ive Specialist	inge.reed@ksbn.state.ks.us	785-296-575		
Jeanne Catanzaro, MSN, RN 07-10-12 – 06-30-16	jeanne.catanzaro@ksbn.state.ks.us	Karen Smith Senior Admin	ı nistrative Assistant	karen.smith@ksbn.state.ks.us	785-296-337		
JoAnn Klaassen, RN, MN, JD 07-10-12 – 06-30-16	joann.klaassen@ksbn.state.ks.us	Adrian Guer Director of C		adrian.guerrero@ksbn.state.ks.us	785-296-593		
Garet King Public Member 10-15-12 – 06-30-16	garet.king@ksbn.state.ks.us	EDUCA'		785-296-3782			
Carol Bragdon, PhD, APRN 9-25-13 – 06-30-17	carol.bragdon@ksbn.state.ks.us	Carol Morela Education Sp Basic Educa		<u>carol.moreland@ksbn.state.ks.us</u>	785-296-503		
Leanna Beeson, LPN 03-03-14 – 6-30-17	leanna.beeson@ksbn.state.ks.us	Miriah Kidw Education Sp		miriah.kidwell@ksbn.state.ks.us	785-296-432		
Patricia Zeller, MSN, APRN, NP-C 07-18-2014 – 06-30-18	patricia.zeller@ksbn.state.ks.us	Jill Simons Senior Admi Continuing H	nistrative Assistant Education	jill.simons@ksbn.state.ks.us	785-296-378		
Mary Struble, LPN 07-01-15 – 06-30-2019	mary.struble@ksbn.state.ks.us	<u>LEGAL</u> Discipli	<u>DIVISION</u> ne	785-296-4325			
Sherri Brown, BSN, RN 07-27-15 – 06-30-2019	<u>sherri.brown@ksbn.state.ks.us</u>	Michael Fitz Special Assis	gibbons, JD stant Attorney General	michael.fitzgibbons@ksbn.state.ks.us	785-296-432		
Jennifer Szambecki, Public Member 07-27-15 – 06-30-2019	jennifer.szambecki@ksbn.state.ks.us	Vacant	v				
		Tricia Water Senior Admi	s nistrative Assistant	tricia.waters@ksbn.state.ks.us	785-296-432		

Barbara Bigger

Administrative Assistant

Diane Glynn, JD, RN

Practice Specialist Betty Stewart, RN

**RN Investigator III** 

Roxanna Uhlig, RN

RN Investigator III Lauren Wolf, RN

**RN Investigator III** 

Administrative Specialist

Debra Quintanilla, RN

**RN Investigator III** 

Patricia Byers

Vacant

Kathleen Chalkley, LPN

Special Investigator II

**INVESTIGATION** 

ſ

## Mickie Walker RN Investigator III mickie.walker@ksbn.state.ks.us

<u></u>							
Sheila Rice Licensing Supervisor	sheila.rice@ksbn.state.ks.us	785-296-6573					
Judy Nichols Reinstatement	judy.nichols@ksbn.state.ks.us	785-296-2926					
Nickie Stallons Exams, Foreign Students	nickie.stallons@ksbn.state.ks.us	785-296-2967					
Vacant							
Karen McGill Renewal & State Verifications	<u>karen.mcgill@ksbn.state.ks.us</u>	785-296-2453					
Want to see our website? Point your Internet browser at <u>http://www.ksbn.org</u> . Need to fax us? KSBN fax number is 785-296-3929.All federal mail should be addressed to: Kansas State Board of Nursing (intended recipient) 900 SW Jackson, Suite 1051, Topeka, KS 66612-1230							

barbara.bigger@ksbn.state.ks.us

 $\underline{diane.glynn@ksbn.state.ks.us}$ 

 $\underline{betty.stewart@ksbn.state.ks.us}$ 

 $\underline{kathleen.chalkley@ksbn.state.ks.us}$ 

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 $\underline{lauren.wolf@ksbn.state.ks.us}$ 

patricia.byers@ksbn.state.ks.us

debra.quintanilla@ksbn.state.ks.us

785-296-8401

785 - 296 - 4325

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785 - 296 - 4325

# **DISCIPLINE CASES**

#### Drug & Alcohol Violation

Lisa Ash Wichita, KS 67208 License #23-10367-111 Case #14-1357-3 License Revoked 6/10/2015

Jennifer Bangs Dodge City, KS 67801 License #23-97313-112 Case #13-104-1 License Denied 4/16/2015

Amy Jager Hoyt, KS 66440 License #24-36952-072 Case #14-1715-9 License Revoked 7/7/2015

Debra Reed Overland Park, KS 66207 License #14-54435-062 Case #13-1490-7 License Revoked 5/5/2015

Heather Schachtner De Soto, KS 66018 License #13-109397-062 Case #14-2108-0 License Denied 4/28/2015

#### <u>Fraud or Deceit</u> <u>Violation</u>

Karen Andrews Kansas City, MO 64117 License #23-27757-052 Case #14-254-0 License Revoked 6/10/2015

Maggie Brown Louisburg, KS 66053 License #14-70225-022 Case #09-900-7 License Revoked 5/8/2015 Jenifer Carriker Wichita, KS 67216 License #23-25786-101 Case #13-2184-5 License Revoked 5/29/2015

Michael Castro Newton, KS 67114 License #23-31680-031 Case #14-1706-0 Cease and Desist letter 5/18/2015

Erikka Crooms Mesa, AZ 85204 License #23-29591-081 Case #13-1610-0 License Revoked 5/8/2015

Marsha Cunningham Shawnee, KS 66216 License #23-28739-031 Case #14-253-7 License Revoked 4/13/2015

Charlene Griffin Sylvan Grove, KS 67481 License #24-36218-122 Case #14-1951-3 License Revoked 7/7/2015

Twila Hadley Wichita, KS 67214 Applicant Case #15-185-5 Application Denied 6/10/2015

Kimberlie Jackson Centennial, CO 80015 Applicant Case #14-1782-0 Applicant Denied 4/1/2015

Kelsey Jackson Hutchinson, KS 67502 License #23-43799-022 Case #13-1987-8 License Revoked 6/10/2015 Chasity Jones Independence, MO 64057 Applicant Case #15-004-0 Application Denied 5/12/2015

Brandy Keane McPherson, KS 67460 License #23-38173-021 Case #13-1540-5 License Revoked 5/8/2015

Michelle Layton Weston, MO 64098 License #14-81473-092 Case #15-186-0 License Revoked 6/10/2015

Stephanie Lee Fort Riley, KS 66442 License #13-119558-112 Case #14-2208-9 License Revoked 5/8/2015

Maria Matulich Fort Collins, CO 80526 Applicant Case #14-1647-0 License Denied 4/13/2015

Jason Moeller Wichita, KS 67228 License #14-116148-071 Case #13-2192-5 License Revoked 5/20/2015

Dayna Roos Kansas City, MO 64130 License #13-105446-031 Case #13-1834-0 License Revoked 4/13/2015

Michelle Sani Wichita, KS 67206 License #23-35977-122 Case #14-1816-5 License Denied 5/19/2015 Yvonne Williams Topeka, KS 66605 License #23-16845-011 Case #15-201-8 License Denied 5/29/2015

#### <u>Mental</u> <u>Incompetence</u> <u>Violation</u>

Eva Beshirs Emporia, KS 66801 License #13-51726-091 Case #11-333-6 License Revoked 4/9/2015

Jennifer Burns Kansas City, KS 66104 License #13-117554-062 Case #14-1712-5 License Revoked 6/17/2015

Christine Greer Cleveland, MO 64734 License #24-37276-101 Case #11-1225-0 License Revoked 6/10/2015

David Greig Manhattan, KS 66502 License #23-30634-052 Case #10-1286-5 License Revoked 4/27/2015

Jennifer Janzen Haysville, KS 67060 License #13-73160-091 Case #14-288-5 License Revoked 6/10/2015

Allanah Schmidt Great Bend, KS 67530 License #23-25139-082 Case #14-848-3 License Suspended 4/16/2015 Jennifer Strasser Mulberry, KS 66756 License #13-110562-052 Case #13-1589-8 License Suspended 5/29/2015

Jamie West Liberal, KS 67901 License #13-113457-052 Case #12-2265-1 License Revoked 4/16/2015

#### Unprofessional Conduct Violation

Kimberly Blakeman Elizabethtown, KY 42701 License #14-108905-021 Case #13-2235-0 License Revoked 5/18/2015

Robert Bryant Haysville, KS 67060 License #13-79832-021 Case #14-1364-5 License Revoked 5/13/2015

Bobbie Chase Buffalo, OK 73834 License #14-88448-121 Case #11-613-4 License Revoked 5/18/2015

# KNAP

#### Kansas Nurse Assistance Program

#### What is KNAP?

KNAP is a professional assistance program designed to assist all nurses and mental health technicians who have a problem or illness that has or could impair their ability to practice safely.

#### The Goal of KNAP

Mental and physical illness, including alcohol and other drug addiction, can potentially impair practice and health. We estimate that at any given time, approximately 10% of the population is affected. This same percentage is thought to be true of healthcare professionals.

Alcohol and other drug addiction, as well as mental and physical illnesses, are treatable. KNAP works with the program participants to obtain an evaluation, treatment (if indicated), and monitoring throughout the recovery process.

#### Referrals

Self-referrals to the program are encouraged, but referrals may be made by a family member, a friend, employer or anyone concerned about the nurse/LMHT.

Anonymous referrals are not accepted. A person may call for information or advice without giving their name, however. Referrals may be made by calling 913-236-7575.

#### **KNAP Providers**

• Confidential services to Kansas RNs, LPNs, and LMHTs experiencing problems and illnesses which could lead to impaired practice.

- Interventions, assessments, referrals for evaluation and treatment (if indicated.)
- On-going monitoring through random urine drug screens, contact with employers and monthly groups.

#### **Causes for Concern**

#### **Job Function**

- Narcotics discrepancies, e.g.: incorrect counts, alteration of narcotic containers, increased patient reports of ineffective pain control, discrepancies on records or frequent corrections of records, unusual amounts of narcotics wasted, significant variations in the quantity of narcotics ordered for technician's unit or shift.
- Fluctuations in the quality of work performance.
- Irresponsible behavior from someone previously conscientious and responsible.
- Requests to work shifts that are the least supervised.
- Inordinate interest in patients' pain control medications.

#### **Behavior**

- Increasing isolation from colleagues, friends and family and avoiding social activities.
- Complaints from others about work performance or alcohol or drug use.
- Mood swings, irritability or depression, or suicide threats or attempts, perhaps caused by accidental overdose.

#### **Physical Symptoms**

- Obvious intoxication such as swaying, staggering or slurred speech.
- Odor of alcohol on breath or the excessive use of breath-fresheners or perfume to disguise the odor of alcohol.

KNAP is supported by funds from the Board of Nursing and, in small part, by fees charged to the participants.

For further information The Kansas Nurses Assistance Program Cloverleaf Complex Bldg #3 6405 Metcalf, Suite 502 Overland Park, Ks 66202 (913)236-7575

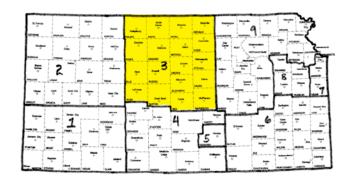
<u>john@hapn.org</u> – John Childers, LMSW Executive Director

<u>regena@hapn.org</u> – Regena M. Walters, RN Program Manager

<u>admassist@hapn.org</u> – Betty Childers Program Assistant

<u>betty@hapn.org</u> – Betty Childers Office Manager





### **REGION 3**

#### October 6, 2015, 9:00 am-1:00 pm, Salina, KS

Yoga for Health Care Professionals. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 370. Fac: Gloria Shea, RN. Aud: RN, LPN. Yoga is often listed as a Complimentary Alternative Modality (CAM) but is becoming more mainstream daily. Come and see why American Heart, American Lung, American Diabetes Associations are suggesting Yoga as a recommended treatment for helping to manage those chronic conditions. Learn some of the relaxing techniques used in Yoga. Fee: \$45.00. Reg. by: October 2, 2015. Contact Hours: 4.

#### October 8, 2015, 9:00 am-5:00 pm, Salina, KS

Energy! The Final Frontier in Modern Medicine. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN, LPN. As the title says, this workshop will journey into the undiscovered area of the human energy field and explore some of the fascinating new and ancient electro-magnetic therapies. Be prepared to explore some entirely new ideas about the human energy field and discuss new possibilities in health care. Fee: \$89.50. Reg. by: October 5, 2015. Contact Hours: 8.

#### October 15, 2015, 9:00 am-5:00 pm, Salina, KS

**Chronic Disease Risk Reduction "Creating** a Culture of Healthy Living" Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Mary Savoie, CSJ, MSNE, EdD. Aud: RN, LPN. Tobacco use, insufficient physical activity, and poor nutrition among people of all ages are the three lifestyles that contribute most significantly to the development of chronic diseases. If you can convince ordinary people of the dangers of these three lifestyle choices, you can improve the quality of life in an entire community. A community-wide effort to transform the environments and places that daily touch the lives of people will create a culture of "healthy living." This workshop will discuss ways to create a culture of "healthy living." Fee: \$89.50. Reg. by: October 12, 2015. Contact Hours: 8.

#### October 17, 2015, 9:00 am-5:00 pm, Salina, KS The Impact of Methamphetamine Abu

The Impact of Methamphetamine Abuse: The Abuser and Their Families. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Beth Whisler, MA. Aud: RN, LPN. Methamphetamine abuse is unfortunate and a common phenomenon in our society. Attending the workshop will enable the participant to understand the impact on the abuser and on his/ her family. Treatment options will be discussed and a review of new research will be presented. Fee: \$89.50. Reg. by: October 14, 2015. Contact Hours: 8.

#### October 20, 2015, 1:00 am-5:00 pm, Salina, KS

If You Don't Understand Me, How Can You Reach Me - Health Care Promotion for the College Student! Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Jennifer Kirkwood-Marsell, MSN, APRN, FNP-C. Aud: RN, LPN. Students away from home for the first time and attending college frequently are very frightened when they become ill. The symptoms they give the school nurse may be entirely different than what is really going on with them. Treating college students is a sometimes challenging but rewarding health care field. Fee: \$45.00. Reg. by: October 16, 2015. Contact Hours: 4.

## October 23, 2015, 9:00 am-5:00 pm, Belleville, KS

Cardiovascular Update 2015-2016. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. This program will focus on defining acute coronary syndrome (ACS), various treatment options, and explore the management guidelines outlined by the American College of Cardiology and the American Heart Association. Treatment options for the ACS patient both in the rural and urban setting will be outlined. Twelve lead EKG interpretations will be discussed as a tool to aid in the diagnosing of ACS. In addition, the subject of women and heart disease will be explored along with the differences between men and women with heart disease. Fee: \$89.50. Reg. by: October 20, 2015. Contact Hours: 8.

#### October 27, 2015, 9:00 am-5:00 pm, Salina, KS

Hospice Care: A special kind of hope! Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Amy Burr, RN, BSN Director Meadowlark Hospice. Aud: RN, LPN. Hospice care is more than caring for a patient in their last moments of life. Hospice is a service that provides care for the patient and their loved ones as they make this transition. Hospice can help ease the burden on families in their final days, but when initiated early enough hospice can also help the patient and family prepare for the road ahead. Hospice is about living and making moments last when faced with a terminal illness. This workshop will answer your questions about hospice care and how to access hospice. Fee: \$89.50. Reg. by: October 23, 2015. Contact Hours: 8.

#### November 5, 2015, 9:00 am-5:00 pm, Salina, KS

Weight Loss...Naturally! Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Jan Dyer, LPN, MS Natural Health. Aud: RN, LPN. We don't want to encourage LOOSING weight because what do you do when you lose something? That's right...you find it again. The goal of natural weight maintenance is achieving one's own ideal weight, not as indicated on the standardized chart. It is important to remember that weight management is a "recipe" for each individual and not a "box mix" for all. There are many dietary supplements on the market

today that are nothing but hype. Learn about nutritional supplements that actually facilitate permanent weight loss. Fee: \$89.50. Reg. by: November 2, 2015. Contact Hours: 8.

# CONTINUING NURSING EDUCATION OFFERINGS

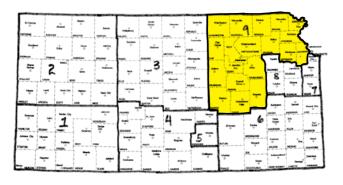
#### November 12, 2015, 9:00 am-5:00 pm, Salina, KS

- **Dying: The Last Adventure of Life.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Mary Savoie, CSJ, MSNE, EdD, Margaret Nacke CSJ, MA, EdD. Aud: RN, LPN. No matter what our religious or spiritual backgrounds, we must all face our death one day. This class will provide nurses and other health care professionals an opportunity to examine aspects of death & dying in order to be more effective in assisting the dying and their families. Fee: \$89.50. Reg. by: November 9, 2015. Contact Hours: 8.
- November 17, 2015, 9:00 am-5:00 pm, Salina, KS Understanding the 12 Lead EKG! Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Emilie Hagen, ARNP-CNS, CDE, CCM. Aud: RN, LPN. The primary goal of this course is to provide the health care professional with the information which will assist in the development of electrocardiographic interpretive skills. Upon completion of this course the participant will be able to identify and interpret the normal vs. abnormal 12 lead EKG. Topics to be covered will include the steps of 12 lead EKG interpretations, recognition of the normal 12 lead patterns, recognition of infraction patterns, axis deviation, etc. Clinical application of the interpretative skills will be discussed. Fee: \$89.50. Reg. by: November 13, 2015. Contact Hours: 8.

#### November 20, 2015, 9:00 am-5:00 pm, Salina, KS Trauma Nursing in the 21st Century. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Darlene Whitlock RN, APRN, ACNP, MSN. Aud: RN, LPN. Care of the critically injured patient is constantly changing as evidence based practice regarding treatment is evolving. This course will cover not only initial evaluation of the trauma patient but also new treatment methods and interventions. Related topics of traumatic brain injuries, special populations and ethical dilemmas in assaultive events will also be discussed. Fee: \$89.50. Reg. by: November 17, 2015. Contact Hours: 8.

#### December 3, 2015, 9:00 am-5:00 pm, Salina, KS

More than just wet to dry - Wound, Ostomy, Foot and Nail Care 2015. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Dawn Julian, DNP, APRN, CWON, CFCN, CWS. Aud: RN, LPN. This class will explore the new and improved changes in all types of wound care treatment and the many types of devices used for treatment with demonstrations of the use of the devices. You will observe demonstrations and have hands on practice for treatment and documentation for all types of wounds, ostomies, and foot and nail care. Fee: \$89.50. Reg. by: November 30, 2015. Contact Hours: 8.



#### to prompt intervention. Participants will learn how to quickly identify patients with stroke symptoms and what emergent steps need to be taken, based on available community resources. Early diagnosis and prompt treatment will impact survival and enhance quality of life. Various stroke assessment tools will be discussed. Fee: \$89.50. Reg. by: October 19, 2015. Contact Hours: 8.

#### October 30, 2015, 9:00 am-5:00 pm, Abilene, KS

**Recognizing and Treating Dementia in the Elderly.** Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Juanita Borell, RN, BSN. Aud: RN, LPN. Understanding dementia and its many faces is integral to providing quality care for the elderly confused patient. This class will focus on the symptoms that can help determine an acute

#### Region 9 continued on page 14

### **REGION 9**

October 22, 2015, 9:00 am-5:00 pm, Manhattan, KS

Early Diagnosis & Treatment Protocol for Acute Ischemic Stroke. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Wendy Dusenbury, DNP, APRN-BC, ANVP-BC, Rhonda Young, MSN, APRN-C, ANVP-BC. Aud: RN, LPN. This workshop will identify patients at risk and steps the clinician may take to promote primary prevention. Early identification of stroke is key

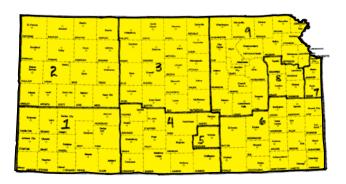
# CONTINUING NURSING EDUCATION OFFERINGS

#### Region 9 continued from page 13

episode of dementia, treatment options that may be applicable to resolve this versus chronic dementia's, their etiologies, and treatment options to provide best quality of life for the patient and family. Fee: \$89.50. Reg. by: October 27, 2015. Contact Hours: 8.

November 4, 2015, 9:00 am-5:00 pm, Manhattan, KS Intermediate Fetal Monitoring, An In-depth Review Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Crystal Young, RN, MSN. Aud: RN, LPN. This course will be taught following the Association of Women's Health Obstetrical, Neonatal Nurses (AWHONN) curriculum. The attendees will receive basic fetal monitoring and discuss in detail intermediate fetal monitoring guidelines and practicum education. Fee: \$89.50. Reg. by: November 2, 2015. Contact Hours: 8.

December 1, 2015, 9:00 am-5:00 pm, Clay Center, KS Living the Abundant Life: The Biblical Principles of Health & Vitality. Spon: Cloud County Community College, 2221 Campus Drive, PO Box 1002, Concordia, KS 66901-1002. Contact: JoDee Aldridge Ball, Coordinator of Allied Health, 785-243-1435 or 1-800-729-5101 ext. 372 or ext. 375. Fac: Jan Dyer, LPN, MS, Natural Health. Aud: RN, LPN. The bible provides a complete set of guidelines for living an abundant life. Come join us on a journey through God's manual for human beings. Discover the foods eaten by the Hebrew people and how this diet helped stop diseases and extend life. Take a closer look at their sanitation practices that can halt the spread of dreaded diseases. Learn about Temple practices that are immune enhancing as well as spiritually renewing. We will also examine the role of the priest as spiritual leader, healer, and teacher. Fee: \$89.50. Reg. by: November 27, 2015. Contact Hours: 8.



### STATEWIDE

December 5, 2015, 8:00 am-3:00 p.m., Wichita, KS Spanish Today for Medical Professionals. Spon: Zinta Inspired Language/Spanish Horizons, 1855 S. Rock Road, Suite 129, Wichita, KS 67207. Contact: Kerry Smith, 316-932-2361. Aud: RN, LPN, LMHT. Employees who work in the medical field gain the ability to quickly use targeted and practical occupational Spanish phrases and basic Spanish knowledge with interpersonal and cross-cultural training in this fun and interactive 6 hour seminar. Fee: \$145.00. Reg. by: NLT 72 hrs before seminar w/o late fee. Contact Hours: 6.8.

# CONTINUING NURSING EDUCATION OFFERINGS

October 16, 2015, 7:40 am-3:30 p.m., Wichita, KS 26th Annual Maternal Child Nursing Symposium. Spon: Wesley Medical Center, 550 North Hillside, Wichita, KS 67214. Contact: Linda Long, 316-962-3080. Fac: Scott DeBoer, RN, MSN, CEN, CPEN, CCRN, CFRN, EMT-P; Benjamin Anderson, MBA. Aud: RN & LPN. Newborn and Pediatric Emergencies, Research on Spanking, OB Anesthesia, Wise Use of Vaccinations, and A Moral Case of Mission-Focused Medicine/HealthCare. Fee: \$60 on or before Oct. 2; \$70 after Oct 2, \$80 walk in. Reg. by: N/A. Contact Hours: 7.5 nursing.

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### HOME STUDY

Healthy, Holistic Weight Management Strategies. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www. healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Sue Popkess-Vawter, PhD. Aud: All levels of nursing. You will learn new strategies for making lifestyle changes that promote healthy weight by developing a daily plan using the cognitive restructuring strategies, Eat for Hunger, Exercise for Life and Esteem for Self. Fee: \$70.00. Contact Hours: 7.5.

Grief a Living Experience: The Multiple Responses to Loss. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www. healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Jody Gyulay, PhD. Aud: All levels of nursing. This course will identify the normal grief process and the multiple responses to grief that affect the patient and caregivers. Fee: \$35.00. Contact Hours: 3.0.

The Time of Your Life. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. Time is our most precious resource, this course will provide strategies needed to manage

your time effectively and wisely. Fee: \$40.00. Contact Hours: 3.6.

**The Truth About Antacids.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Lisa Everett, RPh., FACA, CCN. Aud: All levels of nursing. Learn the truth about one of the most common complaints, acid reflux or GERD, and what is the correct course of action to get permanent relief. Fee: \$15.00. Contact Hours: 1.0.

Assertiveness: New Perspectives. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to assertively manage challenging communication issues with patients, physicians and other members of the health care treatment team. Fee: \$40.00. Contact Hours: 3.3.

**Patient Compliance: A New Look.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide information needed to prevent and manage non-compliant patient behavior. Fee: \$65.00. Contact Hours: 5.4.

**Conflict Management: Skills for Uncertain Times.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcarepce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide skills needed to manage conflict with patients, physicians and allied health professionals. Fee: \$55.00. Contact Hours: 5.5.

Living the Dying Process: A Guide for Caregivers. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www. healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Jody Gyulay, PhD. Aud: All levels of nursing. You will see the dying process as a complex journey for both the patient and the family, you will learn ways to allay their fears and confusion, and bring calm to the dying patient and family. Fee: \$70.00. Contact Hours: 7.5.

The Holistic Art of Self-Health. Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Carol LaRue, OTR/L. Aud: All levels of nursing. This unique course will help you expand personally and professionally, you will increase your knowledge and awareness of the imbalances of illness and disease while learning practical applications and activities to nurture the seven dimensions of well being and recognize the connection between mind, body and spirit. This course available on-line or by text book. Fee: \$65.00. Contact Hours: 6.0.

**Superachievers and Coping Strategies.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Judy Zinn, ACSW. Aud: All levels of nursing. This course will provide strategies needed to manage professional responsibilities without suffering the debilitating effects of perfectionism. Fee: \$35.00. Contact Hours: 2.4.

**Tick-Borne Diseases in the United States.** Spon: Professional Continuing Education, Inc., PO Box 8528, Prairie Village, KS 66208. Contact: Ruthanne Schroeder at www.healthcare-pce.com, 913-341-5627, fax 866-381-0345. Fac: Christine Kerns, BA, RN. The incidence of Tick-Borne Disease has skyrocketed, learn the reasons for this increase and the identifying signs and symptoms and treatment approaches. Fee: \$25.00. Contact Hours: 2.0.